

Weston Favell Academy Extended Project – PE



Aim – To complete your own scheme of learning for a sport of your choice.

Task

This is your chance to become a member of the Weston Favell Academy PE leadership team!

Have you got what it takes to create your own Scheme of learning?

A Scheme of learning (SOL) is a series of lessons which cover all of the skills in a sport.

The SOL has 8 to 10 lessons in it and might range from skills lessons to games-based lessons to tactics lessons.

Each lesson must have a number of activities but also can you differentiate for all learners? Can you make that activity easier or harder?

You might also want to have an assessment lesson in your SOL so you can track the progress of the learners in your group.

You could complete this SOL for any age group (Primary or Secondary).

Each lesson should also contain lesson objectives. Could you relate the learning objectives to the flightpaths?

What do you need to do at the beginning of each lesson? Could you create an engaging warm up for the learners?

Remember to write down all equipment you would need and write a brief overview of your SOL (hint do this last!)

Your template can be found on a separate document or you can create your own.

Exceptional Performance:

Create an assessment criteria for your Scheme of Learning

Use the flightpaths you use at school –

Foundation/Emerging/Developing/Securing/Mastering/Exceptional Performance

Each flightpath should have all the skills of that sport in it and each flightpath should be getting progressively harder.

Could you do an assessment criteria for leadership opportunities within your lesson as well?

Your template can be found on a separate document or you can create your own (Sports Leadership Academy Assessment Criteria)

Submission Deadline: There is currently no submission deadline for this project.