

WESTON FAVELL ACADEMY NEWSLETTER

WWW.WESTONFAVELLACADEMY.ORG



Friday 31st January 2025



The importance of kindness

This week, as a school community, we have taken time to reflect on the importance of respect, understanding, and kindness. As part of our commitment to fostering an inclusive and compassionate environment, we have been marking Holocaust Memorial Day (27 January) which marked the 80th anniversary of the liberation of Auschwitz-Birkenau, the largest Nazi concentration camp complex, and the 30th anniversary of the genocide in Bosnia.

The Holocaust remains one of the darkest chapters in human history, and it is vital that we continue to learn from the past. In our assemblies, pupils have been encouraged to reflect on history but also to consider how we can carry forward the legacy of the witnesses, remember those who were murdered and challenge those who discriminate and persecute today. By remembering the millions of lives lost and the consequences of hatred and discrimination, we reinforce our shared responsibility to challenge prejudice and promote respect for all.

We all need to consider how small acts of kindness, standing up for others, and showing respect can help build a better world. Respect is at the heart of our Academy values. It is demonstrated in the way we treat one another, the words we choose, and the actions we take. I encourage all our pupils to carry this message forward not just this week, but every day.

Thank you for your ongoing support in nurturing a culture of respect and empathy within our community.

Warm regards,

Mr K Beaby

Weston Favell Academy
Booth Lane South
Northampton
NN3 3EZ
Telephone: 01604 402121



Weston Favell Academy



@WestonFavellGAT

P

Perseverance

R

Respect

I

Inclusivity

D

Determination

E

Excellence

Newsletter Highlights

Page 3-4- Sports Tournaments

Page 5 - Year 9 GCSE Options

Page 12 - Enrichment Schedule

Page 14-15 - Wake Up Wednesday

Page 20 - Attendance Winners

Term Dates

**[Click here](#) to view term dates
for 2025-2026**

**Wonder why we
use ClassCharts?**

[Click here](#) to read the PDF

Parent Forums

**Our new forums will provide
opportunities for Academy staff,
parents/carers and the
community to come together to
share what we do, and support
your child.**

Future dates for the diary...

27th February 2025 - Homework

1st May 2025 - topic TBC

3rd July 2025 - topic TBC

Futsal Tournament



Thirteen pupils from Year 7 to 10 participated in the Northamptonshire Girls Futsal Tournament at The Duston School. Both teams played brilliantly, facing tough opponents.

The Year 7 and 8 team won their first two games: 2-0 against NIA and 2-1 against Kingsthorpe College. They then lost 5-0 to Northampton School after a few early mistakes but bounced back with a 3-0 win over NIA's second team. In their final match, they beat Duston School 5-0, with goals throughout the tournament from Rai, Polly, and Mary. The team finished 3rd overall with just a few points off 2nd place.

The Year 9 and 10 team also played excellently winning 2-0 against Northampton Academy with goals from Alice and Eva and 3-0 against NIA; Alice scoring once and Irada twice. After a tough 3-2 loss to Duston, they ended the tournament with a dominant 5-0 win over Malcolm Arnold Academy, with Alice scoring once and Irada netting four. Despite the close loss to Duston, the team finished second, just one point behind first place. Special thanks to Chihurumnanya for her great performance in goal.

The girls were fantastic representatives of the Academy and should be incredibly proud of their hard work and effort throughout the day.





Basketball Festival!



On Tuesday, our Year 9 pupils took a trip to Nottingham to play a tournament against their rival academies in the Greenwood Trust. We managed to prevail against Skegness and CoPA, and we are all super proud of the way they all represented us as an Academy, very well done everybody!



Year 9 Options Interviews



On Thursday, our Year 9 pupils had their one-to-one interviews to start them off on their decisions for their GCSE and Vocational subjects. Each pupil was guided on how to best make their choices to suit them and their interests as an individual.



Year 9 Options Evening

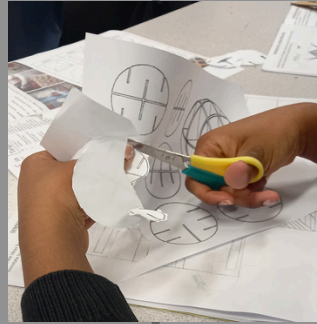
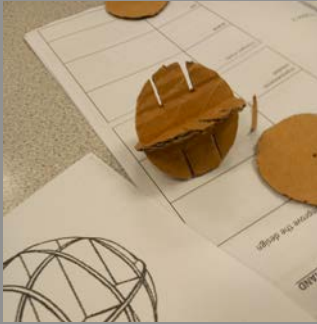
On Thursday 6th of February, we will be holding an Options Evening in the main hall from 5-7pm.

There will be two presentations at 5pm and 6pm respectively, and you will have the chance to speak to the subject leaders to ensure that it's the right choice for you.

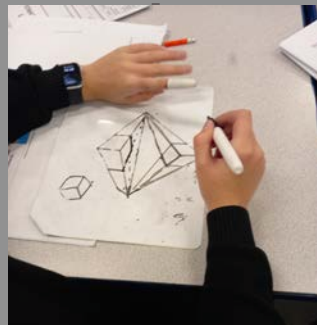
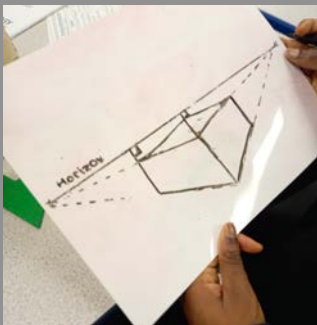
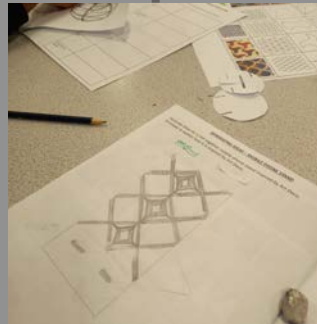
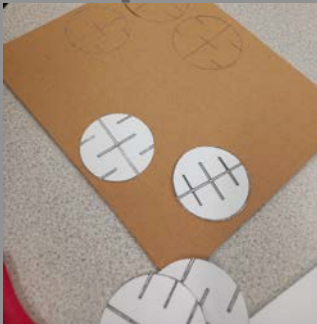
Following the evening, an Options Survey will be available to complete through your school email. The deadline to submit your choices is 28th February.



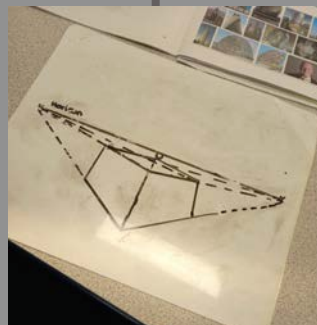
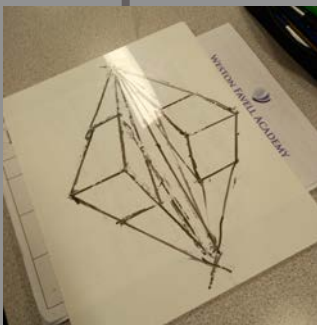
Design Technology Highlights



IN YEAR 8, PUPILS ARE LEARNING HOW TO WORK WITH SLOTS IN THEIR DESIGNS. THIS IS AN INTEGRAL SKILL FOR CREATING PRODUCTS THAT ARE BUILT TO LAST



IN YEAR 9, PUPILS ARE LEARNING HOW TO DRAW FROM DIFFERENT PERSPECTIVES, A CRUCIAL SKILL FOR ENVISIONING AND DEVELOPING A DESIGN BEFORE YOU CREATE A PROTOTYPE OR FINAL PRODUCT.





Teambuilding Day



Our Year 7s continued their Teambuilding Day from last year with an assault course that definitely required teamwork. We couldn't do any of the outside tasks last year as it fell on a snow day, so it was great to get them all back together for some outside fun in the January sun.





Northamptonshire Mind aims to enhance mental health outcomes in targeted Global Majority and other underrepresented ethnic communities.



Our aim is to:

- Reduce the stigma associated with mental health within Global Majority communities through education, outreach, and community workshops.
- Deliver group work and provide one-on-one support
- Take part in networking and outreach work
- Create groups to encourage social interaction, physical activity, peer support, and creative and cultural activities.

Community Connectors serve as a crucial link between community members and mental health services, offering culturally appropriate interventions which recognise and respect the cultural backgrounds of individuals.

01604 634310
northamptonshiremind.org.uk
Mind in Northampton, NN1 2NQ



In 2022/23, Mind Northampton delivered 4849 counselling sessions to people in our local area, and they will continue to do so while there are people in need. Please do not hesitate to reach out.

It's never too late to get some help if you need it, we all do sometimes.

Take a look at Mind Northampton's upcoming events. We have worked with Mind on many occasions, such as on our recent Community Engagement Evening, where they had a stall set up.

Get comfortable and start talking about mental health

JOIN US THIS TIME TO TALK DAY

Thursday 6th Feb
11am - 3pm & 5pm - 7pm

Drop-in for refreshments, arts and crafts, anxiety management and more!

Mind in Northampton,
6 Regent Square, Northampton
NN1 2NQ



#TimeToTalk



Year 11 and 13 PPE Week 1 Timetables

Y11 PPEs	Monday 10.02.2025	Tuesday 11.02.2025	Wednesday 12.02.2025	Thursday 13.02.2025	Friday 14.02.2025
08:00	Sign in and exam breakfast	Sign in and exam breakfast	Sign in and exam breakfast	Sign in and exam breakfast	Sign in and exam breakfast
08:40 exam prep Staffing	BOL-Higher Resaturant, RBO-Foundation Main Hall, DAY- LRC Small rooms	CMC- Main Hall RHA/CST Small rooms LRC	JBA - Triple Restaurant , CME-Higher E8 , ICR Foundation Main Hall	BOL-Higher Resaturant, RBO-Foundation Main Hall, DAY- LRC Small rooms	JBA - Triple Restaurant , CME-Higher E8 , ICR Foundation Main Hall
start time	9am	9am	9am	9am	9am
1	Maths Paper 1 & 4 (295 & 6th form resits) 90 mins	English Lit Paper 2 (295) 135 mins	Biology Paper 2 (Trilogy & Triple, H & F) (295) 75 or 105 mins	Maths Paper 2 & 5 (295 & 6th form resits) 90 mins	Chemistry Paper 2 (Tril & Tiple, H & F) (295) 75 or 105 mins
2					
BREAK					
3	Normal Lessons	Normal Lessons	Normal Lessons	Normal Lessons	Normal Lessons
4	Normal Lessons	Normal Lessons	Normal Lessons	Normal Lessons	Normal Lessons
LUNCH					
exam prep & staffing	MMU/CWH Main hall	TBA- Main Hall	ACA- Main Hall	JAF Main Hall	VCO- Main Hall
start time	13:15	13:15	13:15	13:15	13:15
13.35-14.10 Tutor	Geography Paper 1 (146) 90 mins	IT Exam- R050 (30) 90 mins Year 10 Science Triple Biology Paper 1 (31) 105 mins	Business Enterprise Exam - R067 (90) 75 mins	History Paper 3 Germany (135) 60 mins Year 10 Science Triple Chemistry Paper 1 (31) 105 mins	French Reading & Listening H & F (24) 80 or 105 mins
5					

Y13 PPE's	Monday 10.02.2025	Tuesday 11.02.2025	Wednesday 12.02.2025	Thursday 13.02.2025	Friday 14.02.2025
Exam Start Time	9am	9am	9am	9am	9am
1	English Lit Paper 1 (6) 180 mins English Lit AS Paper 1 (1) 90 mins Chemistry Paper 2 (10) 135 mins	Psychology Paper 3 (22) 90 mins	English Lang Paper 1 (6) 150 mins	History Paper 1 Tudors (8) 150 mins Maths Pure 1 (11) 120 mins Sociology Paper 1 (10) 120 mins	Biology Paper 2 (11) 135 mins Criminology Unit 2 (13) 90 mins
2					
BREAK (10:40 - 11:00)					
3	Normal Lessons	Normal Lessons	Normal Lessons	Normal Lessons	Normal Lessons
4		Normal Lessons	Normal Lessons	Normal Lessons	Normal Lessons
BREAK (13:00 - 14.10)	Lunch & Seminars				
Exam Start Time				13:15	
5	Normal Lessons	Normal Lessons	Normal Lessons	Psychology Paper 2 (22) 120 mins	Normal Lessons

Year 11 and 13 PPE Week 2 Timetables

Y11 PPEs	Monday 24.02.2025	Tuesday 25.02.2025	Wednesday 26.02.2025	Thursday 27.02.2025	Friday 28.02.2025
08:00	Sign in and exam breakfast	Sign in and exam breakfast	Sign in and exam breakfast	Sign in and exam breakfast	Sign in and exam breakfast
08:40 exam prep Staffing	CMC- Main Hall RHA/CST Small rooms LRC	JAF- Main Hall	BOL-Higher Resaturant, RBO- Foundation Main Hall, DAY- LRC Small rooms	JBA - Triple Restaurant , CME- Higher E8 , ICR Foundation Main Hall	BOL-Higher Resaturant, RBO- Foundation Main Hall, DAY- LRC Small rooms
Exam start time	9am	9am	9am	9am	9am
1	English Lang Paper 1 (295 & 6th form resits) 105 mins	History Paper 2 Superpower & Anglo Saxons (135) 110 mins	Maths Paper 3 & 6 (295& 6th form resits) 90 mins	Physics Paper 1 (Tril & Tiple, H & F) (295) 75 or 105 mins	Statistics Paper 2 (295) 90 mins
2					
BREAK					
3	Normal Lessons	Normal Lessons	Normal Lessons	Normal Lessons	Normal Lessons
4	Normal Lessons	Normal Lessons	Normal Lessons	Normal Lessons	Normal Lessons
LUNCH					
exam prep & staffing	MMU/CWH Main Hall	MMU/CWH Main Hall	LTi- Main Hall	TBA-Main Hall Imedia VCO LRC french	MPH- Main Hall
Exam start time	13:15	13:15	13:15	13:15	13:15
13.35-14.10	Geogrphay Paper 3 (146) 60 mins	Geogrphay Paper 2 (146) 90 mins Year 10 Science Triple Physics Paper 1 (31) 105 mins	Child Dev Exam - R057 (45) 75 mins Further Maths Paper 1 (13) 105 mins	French Writing H&F (24) 65 or 75 mins Imedia Exam - R093 (30) 90 mins	Sport Exam - R180 (50) 60 mins Further Maths Paper 2 (13) 105 mins
5					

Y13 PPE's	Monday 24.02.2025	Tuesday 25.02.2025	Wednesday 26.02.2025	Thursday 27.02.2025	Friday 28.02.2025
Exam Start Time	9am	9am	9am	9am	9am
1	English Lit Paper 2 (6) 150 mins English Lit AS Paper 2 (1) 90 mins	Normal Lessons	English Lang Paper 2 (6) 150 mins Physics Paper 2 (4) 135 mins	Sociology Paper 3 (10) 120 mins Maths Stats & Mechs (11) 120 mins	Criminology Unit 4 (20) 90 mins
2					
BREAK (10:40 - 11:00)					
3	Normal Lessons	Normal Lessons	Normal Lessons	Normal Lessons	Normal Lessons
4		Normal Lessons	Normal Lessons	Normal Lessons	Normal Lessons
BREAK (13:00 - 14.10)	Lunch & Seminars				
Exam Start Time		13:15			
5	Normal Lessons	History Germany (8) 150 mins Sociology Paper 2 (10) 120 mins Maths Pure 2 (11) 120 mins	Normal Lessons	Normal Lessons	Normal Lessons



DO YOU EVER FEEL **TRAPPED?**

WHAT DO YOU FEEL TRAPPED BY?

DO YOU WISH YOU HAD A WAY TO **ESCAPE?**

WHERE WOULD YOU ESCAPE TO?

**THESE ARE THE QUESTIONS WE WANT YOU
TO ANSWER IN THIS POETRY COMPETITION.
RAN BY **YOUNG WRITERS**, AN ORGANISATION
RENOWNED FOR ASSISTING AND INSPIRING
YOUNG WRITERS, THIS COMPETITION WILL
GIVE YOU THE OPPORTUNITY TO **SPEAK
YOUR TRUTH****

**TO FIND OUT MORE, INCLUDING THE PRIZES
UP FOR GRABS, **CLICK HERE**.**



ENRICHMENT!



KS3

Monday

KS4

Lunch

- Boardgames – LRC

After School

- Choir – PA2
- Year 9 Boys Football – Astro
- Prowess – PA5
- Dance – GYM
- Homework/Games – Library
- Year 7 Football – Astro

Lunch

- Boardgames – LRC

After School

- Choir – PA2
- Business – IT3
- Drama – PA4
- Prowess – PA5
- Dance – GYM
- Homework/Games – Library
- Marketing and Enterprise Yr 10 – IT4

KS3

Tuesday

KS4

Lunch

- Boardgames – LRC

After School

- Art Club – D1
- Debating – A7
- Basketball – Sports Hall
- STEM – E4
- Girls Football – Astro
- Homework/Games – Library
- Reading Club Yr 7 – A2
- Drama – PA4

Before School

- Triple Science Yr 10/11 – D5

Lunch

- Boardgames – LRC

After School

- Art Club – D1
- Debating – A7
- IT (Yr 10) – IT4
- Football (Boys) Yr11 – Astro
- Football (Girls) – Astro
- STEM – E4
- Homework/Games – Library
- French Speaking (Y11) – A17
- Drama – PA4

KS3

Wednesday

KS4

Lunch

- Boardgames – LRC
- Keyboards – PA1

After School

- Dungeons and Dragons – Library
- Homework/Games – Library

Before School

- Triple Science Yr 10/11 – D5

Lunch

- Boardgames – LRC

After School

- Dungeons and Dragons – Library
- Homework/Games – Library

KS3

Thursday

KS4

Lunch

- Boardgames – LRC

After School

- Spanish – A14
- Reading (Yr9) – A4
- Football Yr 8 (Boys) – Astro
- Murder Mystery – Yr 8
- Trampoline – Gym
- Journalism – A9
- Movie Club – A18
- Homework/Games/chess – Library
- Eco Club – A19

Before School

- Triple Science Yr 10/11 – D5

Lunch

- Boardgames – LRC

After School

- Journalism – A9
- Football Yr10 (Boys) – Astro
- Trampoline – Gym
- Homework/Games/chess – Library
- A-Level Chemistry Y13 – D5
- French Speaking – Y11 – A17
- History Intervention Y11 – Rooms on Teams
- Eco Club – A19

SCAN THE QR CODE TO VISIT THE
'Academy Clubs and Enrichment'
SECTION ON OUR WEBSITE



KS3

Friday

KS4

Lunch

- Boardgames – LRC

After School

- Homework/Games – Library
- Creative Writing – A5
- Homework Catch up – B10

Lunch

- Boardgames – LRC

After School

- Homework/Games – Library
- Creative Writing – A5
- Homework Catch up – B10



PSHE TOPICS

Year Group	Topic	Theme this term
7	Friendships and Online Relationships	Friendship, Respect and Relationships
8	Gender Equality	LGBTQ+ explored
9	Condoms Explored	Contraception and STIs
10	Mutual Respect and Tolerance	Exploring British values
11	Post 16 Options	Your future and beyond
12	Problem Solving	Critical Thinking Skills
13	UCAS Applications and personal statements	Post-18 Options



This Week: Health and Fitness Apps

A recent study conducted by The Digital Health Generation has highlighted that more than 70% of young people in the UK are using apps and other digital online technologies to track and manage their health.

Usually free to download, at least initially, these apps claim to offer helpful advice and assistance to those looking to lead a healthier lifestyle in routine management, provide meal plans, promote healthy weightlifting and more.

While these platforms can be useful, they do present several safety concerns. The guide below breaks down the risks of health and fitness apps and offers expert advice on how to address these concerns to safeguard younger users.

What Parents & Educators Need to Know about HEALTH & FITNESS APPS

WHAT ARE THE RISKS?

Physical wellbeing apps are useful tools for monitoring and improving our health. They allow us to balance nutrition, set goals, track our activities and sleep patterns, and motivate us to exercise. Nonetheless, there have been some reported drawbacks; this guide outlines some of these concerns and explains how to use fitness apps safely.

LACK OF PERSONALISATION

Many apps take a one-size-fits-all approach, failing to account for the varying ages and abilities of children: a 18-year-old, for example, will have different physical needs to a child of 10. This can create unrealistic expectations and set exercises which may be too advanced for younger children or too simple for older ones.

NOT DEVELOPED BY EXPERTS

Some fitness and wellbeing apps are developed by experts in the field – but a concerning number of them aren't. As such, these platforms may contain inaccurate information. They may present safety concerns by giving incorrect advice regarding physical activities or might include age-inappropriate content which would clearly cause more harm than good.

REDUCED INTERACTION WITH OTHERS

Physical wellbeing apps can remove the social and interactive elements which physical exercise can offer – for instance, meeting people at fitness classes, at the gym or during any other such activities. Research has found that young people generally dislike this aspect of fitness apps, suggesting that they would rather exercise in the company of friends or other like-minded individuals.

DATA AND PRIVACY CONCERNS

Fitness and wellbeing apps tend to collect a lot of personal information from their users, including name, location, date of birth, details of their physical health and more. It's worth keeping in mind that some of these apps may sell this data to third parties. We'd advise that any apps young people download should have the correct legislation in place to protect their safety and privacy while using the service.

ADDITIONAL COSTS

While many fitness apps are free to download, the initial content is quite basic. Users will only receive more helpful content (such as new workouts, nutrition advice or a personalised plan) by signing up to a subscription or paying for extra features. This can incentivise users to spend money on the service – a cost which can quickly mount up.

DEPENDENCY ON THE APP

While physical wellbeing apps can help motivate young users to manage their fitness, there's a possibility that – without being sent frequent rewards and reminders – children could start to lose their natural drive to be active. Young people may also become obsessed with tracking their exercise, health and eating habits: this can have negative effects on their mental and emotional wellbeing.

Advice for Parents & Educators

EXERCISE AND SOCIALISE

Highlight the importance of children enjoying fitness activities with family and friends, rather than always exercising alone. Emphasise the fun they can have by interacting with others rather than solely relying on an app to maintain their regime. Remind them of the importance of staying active, as well as the benefits of doing so with company.

PROMOTE POSITIVE BODY IMAGE

While we want children to be active and healthy, we must also ensure they don't become fixated on how they look and begin take things too far. During childhood and adolescence, the body is still growing and changing. It's vitally important for young people's wellbeing that we promote a positive body image and a healthy relationship with food, empowering them to make informed decisions about their diet and lifestyle.

REVIEW THE APP FIRST

Before allowing someone under 18 to install a fitness and wellbeing app, check its age rating, read its reviews and scroll through its data policy, to ensure its suitability for younger users. You could also try it yourself, to see if it's appropriate for the child's particular needs and decide if you're comfortable with them using it. Ensure that any privacy-compromising features – such as location tracking – are disabled.

USE PARENTAL CONTROLS

As with all apps, it's important for parents to familiarise themselves with any controls on the app and to use these on a child's account. The specific settings vary between platforms but – most commonly – these will relate to screen-time limits, disabling or capping in-app purchases, and managing social aspects or features which aren't age appropriate. By utilising these controls, you can help to ensure a child is getting a safe experience.

Meet Our Expert

Dr Claire Sutherland is an online safety consultant, educator and researcher who has developed and implemented anti-bullying and cyber safety policies for schools. She has written various academic papers and carried out research for the Australian Government comparing internet use and sexting behaviour of young people in the UK, USA and Australia.



The National College

Source: See full reference list on guide page at: <https://nationalcollege.com/guides/wellbeing-fitness-apps>

Get support!



Young Carers Support

We are delighted to announce that we will be relaunching the support programme for young carers within Weston Favell Academy.

We will be working closely with Northampton Young Carers Service (NYCS) in assuring that our pupils are supported both at the Academy and at home.

If you believe that your child or a child within your family who is a pupil at the Academy is a young carer, please scan the QR code for more information.



Scan the QR Code.

Job of the Week Quality Manager



Scan the QR Code.

The Job of the Week section is designed to help you with finding careers. Over the course of these newsletters we have been going from A-Z with different jobs to give you inspiration and help you find something to aspire to.



Stars of the week

Year 7- Yasmin B

Year 8 - Ashley M

Year 9 - Iestyn B

Year 10 - Olivia L

Year 11 - Anver C

Sixth Form - Busayomi A

Congratulations!

All 'Stars of the Week' are entered into our termly prize draw – the winner will receive a £25 voucher.

For your diary

Year 9 Options Evening
Thursday 6th February

Parent Forum
Thursday 27th February

Year 10 Parents' Evening
Thursday 13th March



Don't forget to spend your ClassCharts points!

RAISING STANDARDS – TRANSFORMING LIVES

Key Contacts

Safeguarding Team

Use the QR Code to meet the Safeguarding Team.



Contacting the Academy

Academy reception is open from
8:00am - 4:00pm

Tel: 01604 402121

admin@westonfavellacademy.org



Working together

Key Contacts

Year 7 Team

Mrs A Carpenter
Miss C Novakovic

Year 8 Team

Mr C Harrison
Miss H Coyne

Year 9 Team

Mrs S Edwards
Ms A Moran

Year 10 Team

Miss S Kyle
Mrs N High

Year 11 Team

Mrs C Fleming
Mrs K McNee

Sixth Form Team

Mrs L Mann
Mrs P Souster
Mrs B Whelan

We are here to help



Weekly Prize Draw.

Every week, pupils who achieve 100% attendance can win a £25 voucher.



One pupil from each year group will be selected at random from now until the end of July.

Attendance Matters!

Evidence tells us that high attendance correlates to strong academic performance.

Simply put – pupils that are in the Academy every day will achieve better than those who are not.

Those who miss less than 1% of their learning time in Y10/11 make 3.5 times more progress by the end of KS4.

High attendance also:

Increases engagement

Improves social and emotional wellbeing

Reduces gaps for disadvantaged groups

Increases chances of future career success.

This week's winners were...

Year 7 – Divine C

Year 8 – Kiki W

Year 9 – Jacob A

Year 10 – Michael A

Year 11 – Tasha M

Sixth Form – Sasha Y

Congratulations!

Attendance Winners Roundup!

Overall:



9SAN

Week 1



11CST

Week 2



11LDA

Week 3

Progress:



9AMZ



7GPA



7MIR