

**Year 6
Transition
Booklet**



Name:

Primary School:

'Be inspired'



'Be inspired'

**'Striving for Academic Excellence
~ Encouraging Creativity'**



My New School



Find a Picture or Photo of
Weston Favell Academy
and Paste it Here

It is a good idea to find out as much information as you can before you start.

The Address of My New School

The Telephone Number _____

The E-Mail Address _____

The Website Address _____

The Name of the Head Teacher _____

The Name of the Head of Year _____

The Name of the Pastoral Leader _____

The Weston Favell Academy Values _____

Everyone feels differently about starting a new school. Some people feel excited, some nervous.

How do you feel and why?

Describe or draw about how you feel...

**Things I'm
worried about**



**Things I'm
looking forward
to**



| |
|--|
| |
| |
| |
| |
| |
| |
| |
| |
| |

| |
|--|
| |
| |
| |
| |
| |
| |
| |
| |
| |

Whatever you're feeling, you're not alone. There will be lots of people to help you and lots of friends to make. If you have any questions, all you need to do is just ask – admin@westonfavellacademy.org

Going to Secondary School

How Do You Feel?

These could be useful to think about when you are about to change school.

Use two different coloured pens/pencils, **highlight the phrases that you are looking forward to in one colour; use a different colour for those you are worried about.** Or cut them out and stick them into the boxes on the next page.

| | |
|----------------------------|------------------------------|
| Making new friends | Learning a new timetable |
| Lunch time | Going to lots of classrooms |
| Having a different uniform | Being on time |
| Finding my way around | Break times |
| Getting to school | Learning new subjects |
| Meeting others my own age | Joining clubs |
| Being with friends | School rules |
| Homework | Meeting my new Form Tutor |
| Meeting my new teachers | Being able to do the work |
| Being with older pupils | Getting changed for sport/PE |

If you have cut out the phrases from the previous page, paste them into the appropriate box.

Worries

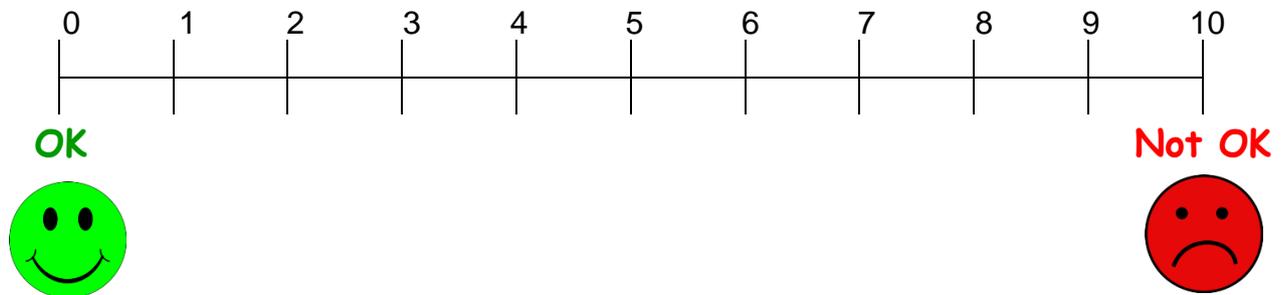


Happy



A Solution-Focused Approach

Think about something that worries you about moving to Secondary School



What is the worry? _____

On the scale of 0 to 10 how worried are you? _____

Think of a time when you have been worried before _____

What helped you move down the scale that time? _____

Where on the scale would you like to feel in a month, 6 months and in a year?

What would help you move one point nearer? _____

What will have changed so you know you are less worried?

Coping in Secondary School

Think about how you are expected to behave in School and the reasons for this.

Fill in the chart below. If you cannot think of some reasons there are some suggestions on the next page.

| School Expectations | Positive Results if I do the Things in Column 1 | Negative Results if I do Not do the Things in Column 1 |
|---|---|--|
| Attend lessons regularly and on time | | |
| Work hard, engage in learning and strive to do your best at all times | | |
| Produce a good standard of work and complete homework tasks on time | | |
| Co-operate and have good relationships with others | | |
| Get good qualifications and a good reference from School | | |

These are Some Positive and Negative Statements to Help you

| Positive Statements | Negative Statements |
|---|--|
| <p>People will think I am productive. Other students may ask for my help.</p> | |
| | <p>Teachers and family will be concerned that I am not achieving my full potential.</p> |
| <p>People will think I am conscientious. I will feel satisfied with my studies.</p> | |
| | <p>Teachers will be concerned if I disrupt the class and stop other students from learning. People who disrupt other students from learning are often asked to leave the class.</p> |
| <p>I am likely to get an interesting and rewarding job. I will feel happy.</p> | |
| | <p>Teachers and family will worry about me. Teachers will not be able to do their job of teaching and helping me succeed.</p> |
| <p>People will think I am reliable. I will feel good.</p> | |
| | <p>I am unlikely to get good qualifications and so will have less employment opportunities available to me. I may not earn enough money to pursue my interests and also fulfil my career ambitions and dreams.</p> |
| <p>People will think I am good to work with.</p> | |
| | <p>Teachers and family will worry about me. They may feel I am not taking full responsibility for my learning, and not asking for help when it is needed.</p> |

School Uniform

It is important to wear the right clothes when you start at Weston Favell Academy.

Find some pictures of students at school. You may find pictures on our website, in the school prospectus or you may know someone who already goes to the school who can show you.

Find out the school dress code.

Are there any clothes or jewellery you are not allowed to wear?

Is there anything you need to practice?

- Tying a tie?
- Tying shoelaces?
- Changing quickly for PE?

List some of the clothes you might wear to school. Remember to think about appropriate shoes.

- 1) _____
- 2) _____
- 3) _____
- 4) _____
- 5) _____

Make sure you have a bag large enough to hold an A4 folder and equipment, and one that is comfortable to carry.

PE Kit

You will need different clothing for PE, make a list.

- 1) _____
- 2) _____
- 3) _____
- 4) _____
- 5) _____

Make sure you have a bag that is suitable for carrying your PE kit and that is comfortable to carry.



Route to School

How are you going to get to School? _____

How long will it take? _____

If you are catching the bus, what time does the bus leave? _____

What time will you need to leave home? _____

Find a local map that shows where you live and Weston Favell Academy.

Print the map (if you can) and draw your route to school either in the car or bus in the space below.



Getting to Know You

*** Give the Completed Sheet to your Form Tutor in September ***

My favourite place _____

My favourite food _____

My interests are _____

I don't like _____

I like to listen to _____

My favourite band/music _____

My favourite sport _____

My favourite football team _____

My favourite TV programme _____

My favourite colour _____

I like to wear _____

I would most like to be _____

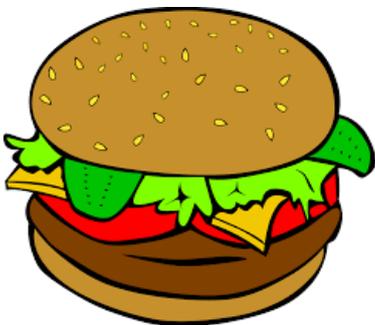
I am looking forward to _____

I am most relaxed when _____

I worry about _____

I am happiest when _____

I get angry when _____



Friendship Skills

Choose the right word to match the definitions

Advocate Disagree Trust Respect Empathy Confidential
Compliment Advice Command Secret Support Apologise

- 1) An opinion or recommendation you make about what someone should do _____
- 2) To say you're sorry for something you said or did _____
- 3) Private or secret _____
- 4) Someone who defends and supports you _____
- 5) To have a different opinion from someone _____
- 6) To say something nice about someone _____
- 7) Information that's not meant to be shared with others _____
- 8) To stand behind or encourage others _____
- 9) Understanding what someone feels _____
- 10) To rely or have confidence in someone _____
- 11) To hold someone in high esteem _____
- 12) A direct order to do something _____



Secondary School Question Sheet



| Any questions you might have | Best way to find out | Answer |
|------------------------------|----------------------|--------|
| 1 | | |
| 2 | | |
| 3 | | |
| 4 | | |
| 5 | | |
| 6 | | |
| 7 | | |
| 8 | | |
| 9 | | |



Have a great



We Look Forward to Seeing you in September