

WESTON FAVELL ACADEMY NEWSLETTER

WWW.WESTONFAVELLACADEMY.ORG



Friday 4th October 2024



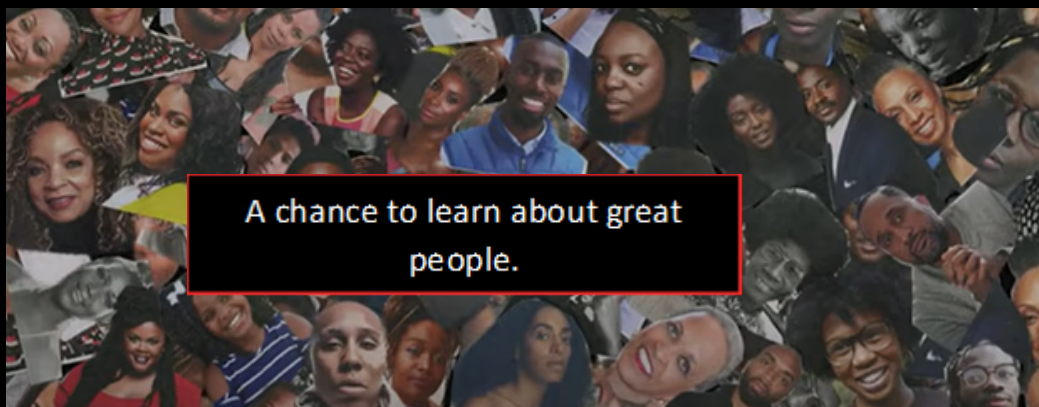
October is Black History Month and the pupils and staff at Weston Favell Academy are embracing and promoting this significant event.

Tutor groups have started to create a collage of famous black people and the impact they have had on society.

The collages will be collated and displayed in the Atrium and pupils will have the opportunity to work with a local community radio station, creating a podcast of their findings over the month.

Pupils are also looking at their own history and discussing how people within their communities have made a change or contribution to society.

BLACK HISTORY MONTH



A chance to learn about great people.

Weston Favell Academy
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NN3 3EZ
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Newsletter highlights

Page 3- Blossoming New Readers

Page 4- Favell's Football Family

Page 6- Wake Up Wednesday

Please also check what enrichment opportunities we have on offer, page 9.

Our WFA Open Evening

Our Weston Favell Academy Open Evening took place yesterday evening. It was fantastic to see the bright future of our school.

Watch out for our full report in next week's newsletter!

Reminders

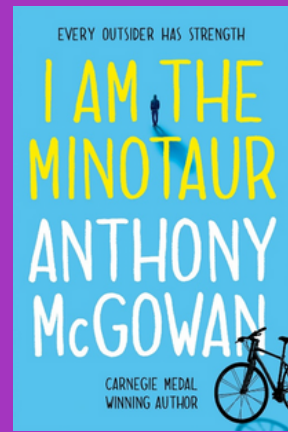
Year 11 Steps to Success Evening
Thursday 17th October 2024

We are now a nut free school

Please go to our Academy website for more information

Blossoming New Readers!

Tutor Read of the Week: I am the Minotaur by Anthony McGowan – Year 7



Currently, half of our Year 7 forms are enjoying I am the Minotaur, a story about finding your place and fitting in, as well as overcoming difficult circumstances in your life.

Matthew, the protagonist, has always struggled to make friends. His home life presents some challenges too as he is a young carer and must navigate the lack of food and personal hygiene that accompanies his impoverished situation.

Through all the bullying and social isolation, Matthew sees the chance to be recognized by one of the ‘cool’ kids – Ari – by finding her stolen bike. However, this presents plenty of challenges in itself...

Matthew’s story of dealing with bullying, depression, and the difficulties of balancing home and school is wonderfully captured by McGowan’s writing style, which is accessible to all readers. The book was published as part of the Rollercoaster Reads series, books designed specifically for supporting dyslexic students with their reading. ‘I am the Minotaur’ is both a relatable, emotional story and a wonderful starting point for readers of all ability ranges.

If your child is currently reading ‘I am the Minotaur’ and is enjoying the book, please send any feedback to anorthern@westonfavellacademy.org.



Favell's Football Family!



The Year 7 boys played a county cup game against Wollaston, losing marginally on penalties... Wollaston opened the score with a superb volley into the top corner, but Luke brought it back to 1-1. With 10 minutes to go, WFA blazed into the lead making it 2-1. WFA were winning 2-1 until the last minute when Wollaston scored a header from the corner with the last kick of the game.

After a full hour of football, it went to penalties, with Wollaston winning 3-2.

Although celebrating a loss seems wrong, Wollaston had a lot of Premier League Academy players and some of our boys had never played before, so the spirit and community showed by the new Year 7s was outstanding.

It was also massively appreciated by the team that Mr Beeby came down to support us (and his old school) along with other members of staff and Year 7 pupils coming to cheer us on!

I am super proud of this team and very excited for what's to come!

Mr Upex - Instructor of PE

**PSHE @
WFA**

The themes for PSHE this term are:

Year	Theme
7	Life beyond school
8	Health & Wellbeing
9	Life beyond school
10	Health & Wellbeing
11	Health & Wellbeing

During our next PSHE lesson, we will be learning about:

Year	Theme
7	Sleep & relaxation
8	Child abuse
9	Saving and managing your money
10	Self harm
11	Abortion Laws

it's ok
not to
be ok

PSHE
@WFA
love

MENTAL HEALTH
IS IMPORTANT

Wake Up Wednesday!

The National College, our WakeUpWednesday guides empower and equip parents, carers and educators with the confidence and practical skills to be able to have informed and age-appropriate conversations with children about online safety, mental health and wellbeing, and climate change. Formerly delivered by National Online Safety, these guides now address wider topics and themes. For further guides, hints and tips, please visit nationalcollege.com.

10 Top Tips for Parents and Educators PROMOTING PHYSICAL WELLBEING

Physical activity isn't only beneficial for our bodies; it also plays a role in promoting mental wellbeing. With both the Euros and the Olympics this summer, it's an opportunity to engage young people in regular exercise which can reduce stress, improve mood and boost self-esteem. Despite these benefits, many children face barriers to participating in physical activity.

- 1 MAKE IT FUN**
Incorporate activities that children enjoy, such as playing games or dancing. Encourage participation in team sports or group activities to foster social connections and a sense of belonging.
- 2 MIX MOVEMENT WITH LEARNING**
Educational settings can incorporate movement breaks and physical activities to enhance focus, concentration and cognitive function. Embedding exercise into the curriculum can also reinforce learning and stimulate creativity. 'Revision walks' with podcasts and flashcards can benefit older learners.
- 3 CREATE OPPORTUNITIES**
Provide clear chances for physical activity throughout the day, both indoors and outdoors. Schools can encourage active play during breaks and at lunchtimes, while limiting screen time at home can help keep children up and about.
- 4 PROVIDE POSITIVE REINFORCEMENT**
Praise and encourage children for their efforts and achievements in physical activity. Recognise their progress and celebrate their successes to reinforce positive behaviour. Educators could do this in several ways, such as applauding their efforts at assemblies or celebrating their accomplishments in newsletters.
- 5 VARIETY IS KEY**
Introduce a selection of physical activities to keep children engaged and prevent boredom. From swimming and cycling to yoga and martial arts, trying different types of exercise can help children to discover what they enjoy most.
- 6 ENJOYMENT OVER COMPETITION**
Encourage children to focus on the enjoyment of physical activity rather than winning or achieving perfection. Emphasise effort, improvement and having fun rather than outcomes, to minimise the amount of stress that children can sometimes associate with sports and other competitions.
- 7 SET REALISTIC GOALS**
Help children set achievable physical activity targets based on their interests, abilities and preferences. Celebrate their progress and successes to maintain motivation and enthusiasm.
- 8 MAKE IT ACCESSIBLE**
Ensure that children have access to safe, suitable spaces for exercise at home, at school and in the community. Advocate for inclusive environments which accommodate diverse needs and abilities. Be a change maker in your community if facilities aren't already available.
- 9 LEAD BY EXAMPLE**
Parents and carers can be positive role models by prioritising their own exercise and involving children in their fitness routines. Gentle walks, bike rides or sports activities can be wonderful opportunities for bonding and staying active together.
- 10 ENCOURAGE PERSISTENCE**
Help children develop resilience and perseverance by encouraging them to overcome challenges and setbacks in physical activity. Teach them the importance of persistence and the value of effort in achieving their goals.

Meet Our Expert
Adam Dillert is a learning and development specialist who, as well as working for Minds Ahead, is associate vice principal for personal development at a large secondary school in Bromley. He was asked to be part of an expert research group for the Department for Education, one of only three school leaders to be asked to do so.

#WakeUpWednesday
The National College

A recent Sport England study found that less than half (47%) of children in the UK currently meet the Chief Medical Officers' guidelines of taking part in an average of 60 minutes or more of sport and physical activity a day!

Hopefully, sharing these tips will encourage young people to stay active, and create a habit that will continue through their adult life.

[@wake_up_weds](#) [/www.thenationalcollege](#) [@wake.up.wednesday](#) [@wake.up.weds](#)

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RAISING STANDARDS – TRANSFORMING LIVES

Planting the Seed of Science!



It has been a busy week in WFA Science!

Last Tuesday, WFA hosted the Trust Science Network, with the Heads of Science from across our Trust joining us to share good practice.

This week, we have also gone live with the rollout of the online version of our science textbooks, which both support pupils while they are away from lessons but also act as a great revision resource (please see ClassCharts for advice on how to log in).

Our science revision sessions, which take place both before and after school, are being well attended as we support our Year 11 pupils in their preparations for the upcoming Paper 1 mock examinations in 4 school weeks' time.



Welcome to our EAL club!

We're excited to announce the new EAL (English as an Additional Language) Club, organized by Mrs Cusack and Mrs Rae, has begun! Our first session took place this Tuesday, and we had a fantastic time with a few friendly participants who learned grammar through a fun game of Never Have I Ever...

This is just the beginning and there's so much more to look forward to!

If you think you would benefit from this club or know someone who might, please join us in A2 next Tuesday after school. Let's make language learning fun together!

Sixth Form Spotlight



STOP PRESS: Updated figure for our Macmillan Bake Sale!

Thank you to all those who donated to our Macmillan Bake Sale: our total from on day sales, QR code and other donations is...

£404

Could we reach our target of £500? If you would like to donate, please scan the QR code below.



Get support!



Scan the QR Code.

Young Carers Support

We are delighted to announce that we will be relaunching the support programme for young carers within Weston Favell Academy.

We will be working closely with Northampton Young Carers Service (NYCS) in assuring that our pupils are supported both at the Academy and at home.

If you believe that your child or a child within your family who is a pupil at the Academy is a young carer, please scan the QR code for more information.

Job of the Week

Each week, the Careers Team will be providing an A-Z of 'Jobs of the Week'.

Watch this space for next week's job!

Leading the way!



Scan the QR Code.

RAISING STANDARDS – TRANSFORMING LIVES

Enrichment Opportunities

KS3 ENRICHMENT

KS4 ENRICHMENT

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
LUNCHTIME	LUNCHTIME	LUNCHTIME	LUNCHTIME	LUNCHTIME
Boardgames	Boardgames	Boardgames	Boardgames	Boardgames
Basketball	Basketball	Basketball	Basketball	Basketball
AFTER SCHOOL	AFTER SCHOOL	AFTER SCHOOL	AFTER SCHOOL	AFTER SCHOOL
Music (Choir)	Art club		Voiceworx	Creative Writing
Boy's football (Yr 9)	Debating		Spanish (Yr 9)	Homework catch-up
Drama	Boy's football (Yr 7)		EAL	
Prowess	Basketball		Reading (Yr 9)	
Dance	STEM		Reading (Yr 7)	
	Maths homework		Boy's football (Yr 8)	
	Girl's football		Murder Mystery (Yr 8)	
			Trampolining	
			Journalism	
			Movie club	

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
LUNCHTIME	LUNCHTIME	LUNCHTIME	LUNCHTIME	LUNCHTIME
Boardgames	Boardgames	Boardgames	Boardgames	Boardgames
Basketball	Basketball	Basketball	Basketball	Basketball
AFTER SCHOOL	AFTER SCHOOL	AFTER SCHOOL	AFTER SCHOOL	AFTER SCHOOL
Music (Choir)	Art club		Voiceworx	Creative Writing
Business (Yr 10)	Debating		EAL	Homework catch-up
Drama	IT (Yr 10)		Journalism	
Prowess	Boys football (Yr 11)		Boy's football (Yr 10)	
Dance	Girl's football		Trampolining	
	Maths homework			
	STEM			

Year 11 Intervention 3.15pm – 4pm

If you would like to learn more about any of our enrichment opportunities, please visit our website or scan this QR Code!

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
AFTER SCHOOL	AFTER SCHOOL	AFTER SCHOOL	AFTER SCHOOL	AFTER SCHOOL
Catering	Maths Higher	Sports Science	Art	Maths Higher 7+
English Literature	English Language	Music	Geography	
English Literature	English Language		French	
Maths Aiming for a 5	IT		Triple Science	
Maths Foundation	Triple Science		Combined Sciences	
Child Development	French		History	
DT	Maths Aiming For a 4		Combined Physics	
	Drama			



RAISING STANDARDS – TRANSFORMING LIVES



Stars of the week

Year 7- Ariana D

Year 8- Sumaya M

Year 9- Ayaan B

Year 10- Adrianna B

Year 11- Amy W

Sixth Form- Busayomi A

Congratulations!

For your diary

Year 8 & 9 Individual Photos

Tuesday 8th October 2024

Year 13 Parents' Evening

Thursday 10th October 2024

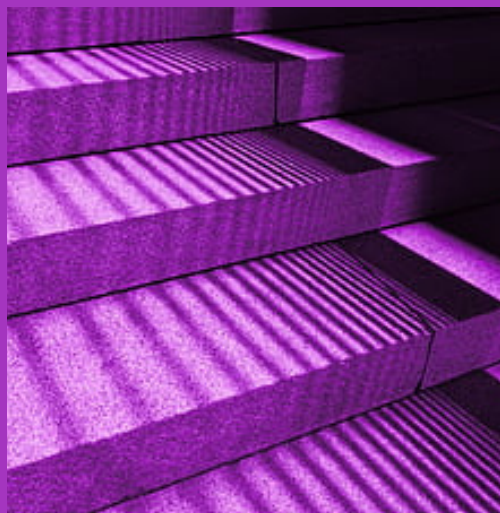
Year 11 Steps to Success Evening

Thursday 17th October 2024

October Half Term

Monday 28th October – Friday 1st
November 2024

Year 11 Event



All pupils attending the Steps to Success Evening will receive a goodie bag containing revision guides, study packs, chocolate and also have the opportunity to meet sixth form students & staff, colleges and other outside agencies.

RAISING STANDARDS – TRANSFORMING LIVES

Key Contacts

Safeguarding Team

Use the QR Code to meet the Safeguarding Team.



Contacting the Academy

Academy reception is open from
8:00am - 4:00pm

Tel: 01604 402121

admin@westonfavellacademy.org



Working together

Key Contacts

Year 7 Team

[Mrs A Carpenter](#)

[Miss C Novakovic](#)

Year 8 Team

[Mr C Harrison](#)

[Miss H Coyne](#)

Year 9 Team

[Mrs S Edwards](#)

[Ms A Moran](#)

Year 10 Team

[Miss S Kyle](#)

[Mrs M Parrett](#)

[Mrs N High](#)

Year 11 Team

[Mrs C Fleming](#)

[Miss K McNee](#)

Sixth Form Team

[Mrs L Mann](#)

[Mrs P Souster](#)

[Mrs B Whelan](#)

We are here to help



West
Northamptonshire
Council

**Is your child
currently in
Year 6?**



Apply for Year 7 at Secondary school



**Application Deadline:
31 October 2024**



www.westnorthants.gov.uk/school-admissions