



WESTON FAVELL ACADEMY

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[@WestonFavellGAT](https://twitter.com/WestonFavellGAT)

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Dear Parents/Carers Year 7 and 8

We want to thank you for your support in these unprecedented times. Many of us are parents and understand the difficulties of balancing working from home and supporting your child's home learning at the same time.

We hope you and your child have not been overwhelmed by the amount of work set prior to Easter. We recognise that not all tasks will have been attempted yet as you and your child adjust to home learning, and so some deadlines have been extended.

We would like to suggest the following structured approach which you may find helpful. This is only a guide and you may already have a routine that fits in better with your family life. Every week (Mon to Fri), students should aim to engage with the following tasks (an average of 3 per day), as follows:

- 2 maths, English and science
- 1 history, geography, French or literary, DT, drama, music, art, IT,
- 1 life lesson (set by English teachers)

Ideally students should also read and engage in some form of physical activity every day. This could be the 9am Joe Wicks workout, a family walk or some of the fitness tasks set by PE staff.

If your child needs support to complete the learning, or an extension task, they can contact their teachers directly. If your child is struggling to access learning online, or you do not have a suitable device please get in touch.

Please be reassured that your child will continue to make progress during this time and remember that they will no doubt be engaged in many other valuable learning opportunities at home, and try not to worry.

For more information and support, keep checking the academy website and follow us on Twitter @WestonFavellGAT.

Staying Active/PE activities

<https://www.westonfavellacademy.com/page/?title=Healthy+body%2C+healthy+mind+-+COVID+STYLE!&pid=107>

Mental Health and Wellbeing

<https://www.westonfavellacademy.com/page/?title=Wellbeing+and+Support&pid=105>

Once again, thank you for your continued support during these unprecedented times.

Yours sincerely

Lorna Leventhal
Principal