

**Long-term planning (LTPs)** - Planning how the key concepts, knowledge, skills identified in the Progression map will be delivered termly per year group  
 Ensuring that end points & NC/spec are covered  
 Identifying what assessments are planned and when  
 Allowing for whole academy intent priorities to be planned for

## PE YEAR 7

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
<b>Unit title:</b>	Covering a range of sports ( Team and individual sports )			Covering a range of sports ( Team and individual sports )		
<b>Unit length:</b>	Each sport runs for a period of 6 weeks / 12 lessons			Each sport runs for a period of 6 weeks / 12 lessons		
<b>Key concepts:</b>	Each sport has it own individual key aspects , however across all areas <ul style="list-style-type: none"> <li>- The key parts of a warm up and cool down</li> <li>- The benefits of a warm up/ cool down</li> <li>- Communication skills and different forms of communication</li> <li>- Based around Healthy active lifestyles and it importance</li> </ul>			Each sport has it own individual key aspects , however across all areas <ul style="list-style-type: none"> <li>- The key parts of a warm up and cool down</li> <li>- The benefits of a warm up/ cool down</li> <li>- Communication skills and different forms of communication</li> </ul> Based around Healthy active lifestyles and it importance		
<b>Knowledge/ Skills:</b>	Basic skills covered across a range of sports. The foundation of rules of a range of sports An introduction into game play and tactics that can be used – Based around making and using space  Sports covered :  Team: Football Basketball Rugby Netball Handball Dodgeball  Individual : Swimming Badminton Sports leadership Dance			Basic skills covered across a range of sports. The foundation of rules of a range of sports An introduction into game play and tactics that can be used – Based around making and using space  Sports covered :  Team: Cricket Rounders Softball Longball  Individual :  Athletics Track events Athletics -Field events Tennis Sports leadership		

<b>End points covered:</b>	<p>Develop ability and aptitude demonstrating precision, control and fluency with consistency across a range of sports and physical activities.</p> <p>An understanding of key concepts surrounding health, fitness and wellbeing and the benefits of a healthy active lifestyle.</p>	<p>Develop ability and aptitude demonstrating precision, control and fluency with consistency across a range of sports and physical activities.</p> <p>An understanding of key concepts surrounding health, fitness and wellbeing and the benefits of a healthy active lifestyle.</p>
<b>NC/Spec coverage:</b>	<ul style="list-style-type: none"> <li>-use a range of tactics and strategies to overcome opponents in direct competition through team and individual games [for example, badminton, basketball, cricket, football, hockey, netball, rounders, rugby and tennis]</li> <li>- develop their technique and improve their performance in other competitive sports [for example, athletics and gymnastics]</li> <li>- perform dances using advanced dance techniques within a range of dance styles and forms</li> <li>-take part in outdoor and adventurous activities which present intellectual and physical challenges and be encouraged to work in a team, building on trust and developing skills to solve problems, either individually or as a group</li> <li>-analyse their performances compared to previous ones and demonstrate improvement to achieve their personal best</li> <li>-take part in competitive sports and activities outside school through community links or sports clubs.</li> </ul>	<ul style="list-style-type: none"> <li>-use a range of tactics and strategies to overcome opponents in direct competition through team and individual games [for example, badminton, basketball, cricket, football, hockey, netball, rounders, rugby and tennis]</li> <li>- develop their technique and improve their performance in other competitive sports [for example, athletics and gymnastics]</li> <li>- perform dances using advanced dance techniques within a range of dance styles and forms</li> <li>-take part in outdoor and adventurous activities which present intellectual and physical challenges and be encouraged to work in a team, building on trust and developing skills to solve problems, either individually or as a group</li> <li>-analyse their performances compared to previous ones and demonstrate improvement to achieve their personal best</li> <li>-take part in competitive sports and activities outside school through community links or sports clubs.</li> </ul>
<b>Cross-curricular links:</b>	<p>Science- Body systems</p> <p>PSHE/ Citizenship- communication, co operation, teamwork, resilience</p> <p>Maths- Scoring systems, measuring , statistics</p>	<p>Science- Body systems</p> <p>PSHE/ Citizenship- communication, co operation, teamwork, resilience</p> <p>Maths- Scoring systems, measuring , statistics</p>
<b>Assessments:</b>	<p>Students will receive continuous verbal assessment throughout.</p> <p>Students will be given one formative and one summative assessment per sport.</p>	<p>Students will receive continuous verbal assessment throughout.</p> <p>Students will be given one formative and one summative assessment per sport.</p>
<i>Other academy intent priorities</i>		
<b>Curriculum Careers – Gatsby 4</b>	<p>Coaching</p> <p>Officiating</p> <p>Sports leadership</p>	<p>Coaching</p> <p>Officiating</p> <p>Sports leadership</p>

WFA Long Term Plan

	<p>Education</p> <p>Personal training</p> <p>Sports psychology</p> <p>Sports nutrition</p> <p>Medicine</p> <p>Sports therapy</p> <p>Core employability skills- communication, creativity , teamwork, independence, resilience</p>	<p>Education</p> <p>Personal training</p> <p>Sports psychology</p> <p>Sports nutrition</p> <p>Medicine</p> <p>Sports therapy</p> <p>Core employability skills- communication, creativity , teamwork, independence, resilience</p>
<b>Culturally rich – broadening horizons</b>	Opportunities to represent the school in competitive competitions in the community, county and the trust across a range of sports.	Opportunities to represent the school in competitive competitions in the community, county and the trust across a range of sports.

PE YEAR 8

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
<b>Unit title:</b>	Covering a range of sports ( Team and individual sports )			Covering a range of sports ( Team and individual sports )		
<b>Unit length:</b>	Each sport runs for a period of 6 weeks / 12 lessons			Each sport runs for a period of 6 weeks / 12 lessons		
<b>Key concepts:</b>	<p>Each sport has it own individual key aspects, however across all areas</p> <ul style="list-style-type: none"> <li>- Leading a warm up and cool down</li> <li>- An basic understanding of body systems (cardio respiratory, Musculo skeletal system)</li> <li>- Communication skills and different forms of communication</li> <li>- Developing fitness for specific sports</li> </ul>			<p>Each sport has it own individual key aspects, however across all areas</p> <ul style="list-style-type: none"> <li>- Leading a warm up and cool down</li> <li>- An basic understanding of body systems (cardio respiratory, Musculo skeletal system)</li> <li>- Communication skills and different forms of communication</li> <li>- Developing fitness for specific sports</li> </ul>		
<b>Knowledge/ Skills:</b>	<p>Application of skills covered across a range of sports.</p> <p>Developing officiating skill and being able to apply rules across a range of sports</p> <p>Application of skill to game play and tactics that can be used – based upon Outwitting an opponent</p>			<p>Application of skills covered across a range of sports.</p> <p>Developing officiating skill and being able to apply rules across a range of sports</p> <p>Application of skill to game play and tactics that can be used – based upon Outwitting an opponent</p>		

	<p>Sports covered :</p> <p>Team: Football Basketball Rugby Netball Handball Dodgeball</p> <p>Individual : Swimming Badminton Sports leadership Dance</p>	<p>Sports covered :</p> <p>Team: Cricket Rounders Softball Longball</p> <p>Individual : Athletics Track events Athletics -Field events Tennis Sports leadership</p>
<p><b>End points covered:</b></p>	<p>Develop ability and aptitude demonstrating precision, control and fluency with consistency across a range of sports and physical activities.</p> <p>An understanding of key concepts surrounding health, fitness and wellbeing and the benefits of a healthy active lifestyle.</p> <p>Know and understand the key body systems and how they impact on health, fitness and performance.</p>	<p>Develop ability and aptitude demonstrating precision, control and fluency with consistency across a range of sports and physical activities.</p> <p>An understanding of key concepts surrounding health, fitness and wellbeing and the benefits of a healthy active lifestyle.</p> <p>Know and understand the key body systems and how they impact on health, fitness and performance.</p>
<p><b>NC/Spec coverage:</b></p>	<ul style="list-style-type: none"> <li>-use a range of tactics and strategies to overcome opponents in direct competition through team and individual games [for example, badminton, basketball, cricket, football, hockey, netball, rounders, rugby and tennis]</li> <li>- develop their technique and improve their performance in other competitive sports [for example, athletics and gymnastics]</li> <li>- perform dances using advanced dance techniques within a range of dance styles and forms</li> <li>-take part in outdoor and adventurous activities which present intellectual and physical challenges and be encouraged to work in a</li> </ul>	<ul style="list-style-type: none"> <li>-use a range of tactics and strategies to overcome opponents in direct competition through team and individual games [for example, badminton, basketball, cricket, football, hockey, netball, rounders, rugby and tennis]</li> <li>- develop their technique and improve their performance in other competitive sports [for example, athletics and gymnastics]</li> <li>- perform dances using advanced dance techniques within a range of dance styles and forms</li> <li>-take part in outdoor and adventurous activities which present intellectual and physical challenges and be encouraged to work in a</li> </ul>

	<p>team, building on trust and developing skills to solve problems, either individually or as a group</p> <ul style="list-style-type: none"> <li>-analyse their performances compared to previous ones and demonstrate improvement to achieve their personal best</li> <li>-take part in competitive sports and activities outside school through community links or sports clubs.</li> </ul>	<p>team, building on trust and developing skills to solve problems, either individually or as a group</p> <ul style="list-style-type: none"> <li>-analyse their performances compared to previous ones and demonstrate improvement to achieve their personal best</li> <li>-take part in competitive sports and activities outside school through community links or sports clubs.</li> </ul>
<b>Cross-curricular links:</b>	<p>Science- Body systems            PSHE/ Citizenship- communication, co operation, teamwork, resilience            Maths- Scoring systems, measuring , statistics</p>	<p>Science- Body systems            PSHE/ Citizenship- communication, co operation, teamwork, resilience            Maths- Scoring systems, measuring , statistics</p>
<b>Assessments:</b>	<p>Students will receive continuous verbal assessment throughout.</p> <p>Students will be given one formative and one summative assessment per sport.</p>	<p>Students will receive continuous verbal assessment throughout.</p> <p>Students will be given one formative and one summative assessment per sport.</p>
<i>Other academy intent priorities</i>		
<b>Curriculum Careers - Gatsby 4</b>	<p>Coaching            Officiating            Sports leadership            Education            Personal training            Sports psychology            Sports nutrition            Medicine            Sports therapy</p> <p>Core employability skills- communication, creativity , teamwork, independence, resilience</p>	<p>Coaching            Officiating            Sports leadership            Education            Personal training            Sports psychology            Sports nutrition            Medicine            Sports therapy</p> <p>Core employability skills- communication, creativity , teamwork, independence, resilience</p>
<b>Culturally rich – broadening horizons</b>	<p>Opportunities to represent the school in competitive competitions in the community, county and the trust across a range of sports.</p>	<p>Opportunities to represent the school in competitive competitions in the community, county and the trust across a range of sports.</p>

## PE YEAR 9

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
<b>Unit title:</b>	Covering a range of sports ( Team and individual sports )			Covering a range of sports ( Team and individual sports )		
<b>Unit length:</b>	Each sport runs for a period of 6 weeks / 12 lessons			Each sport runs for a period of 6 weeks / 12 lessons		
<b>Key concepts:</b>	Each sport has it own individual key aspects, however across all areas <ul style="list-style-type: none"> <li>- Leading a warm up and cool down</li> <li>- An understanding of body systems (cardio respiratory, Musculo skeletal system)</li> <li>- Communication skills and different forms of communication</li> <li>- Developing fitness for specific sports</li> </ul>			Each sport has it own individual key aspects, however across all areas <ul style="list-style-type: none"> <li>- Leading a warm up and cool down</li> <li>- An understanding of body systems (cardio respiratory, Musculo skeletal system)</li> <li>- Communication skills and different forms of communication</li> <li>- Developing fitness for specific sports</li> </ul>		

	<ul style="list-style-type: none"> <li>- Knowledge of how to analyse performance</li> <li>- A basic knowledge of skill development and how to develop skill in others ( Coaching and leadership)</li> </ul>	<ul style="list-style-type: none"> <li>- Knowledge of how to analyse performance</li> <li>- A basic knowledge of skill development and how to develop skill in others ( Coaching and leadership)</li> </ul>
<b>Knowledge/ Skills:</b>	<p>Application of skills covered across a range of sports.                  Developing officiating skill and being able to apply rules across a range of sports                  Application of skill to game play and tactics that can be used – based upon Outwitting an opponent                  Develop- analysis skills- Evaluating there own and others work/ performance and be able to suggest improvements and how they may be achieved</p> <p>Sports covered :</p> <p>Team:                  Football                  Basketball                  Rugby                  Netball                  Handball                  Dodgeball</p> <p>Individual :                  Swimming                  Badminton                  Sports leadership                  Dance</p>	<p>. Application of skills covered across a range of sports.                  Developing officiating skill and being able to apply rules across a range of sports                  Application of skill to game play and tactics that can be used – based upon Outwitting an opponent                  Develop- analysis skills- Evaluating there own and others work/ performance and be able to suggest improvements and how they may be achieved</p> <p>Sports covered :</p> <p>Team:                  Cricket                  Rounders                  Softball                  Longball</p> <p>Individual :                  Athletics Track events                  Athletics -Field events                  Tennis                  Sports leadership</p>
<b>End points covered:</b>	<p>Develop ability and aptitude demonstrating precision, control and fluency with consistency across a range of sports and physical activities.</p> <p>An understanding of key concepts surrounding health, fitness and wellbeing and the benefits of a healthy active lifestyle.</p>	<p>Develop ability and aptitude demonstrating precision, control and fluency with consistency across a range of sports and physical activities.</p> <p>An understanding of key concepts surrounding health, fitness and wellbeing and the benefits of a healthy active lifestyle.</p>

	<p>Know and understand the keybody systems and how they impact on health, fitness and performance.</p> <p>Be able to analyse and evaluate their own work and that of others, in order to modify and improve performance</p>	<p>Know and understand the keybody systems and how they impact on health, fitness and performance.</p> <p>Be able to analyse and evaluate their own work and that of others, in order to modify and improve performance</p>
<b>NC/Spec coverage:</b>	<ul style="list-style-type: none"> <li>-use a range of tactics and strategies to overcome opponents in direct competition through team and individual games [for example, badminton, basketball, cricket, football, hockey, netball, rounders, rugby and tennis]</li> <li>- develop their technique and improve their performance in other competitive sports [for example, athletics and gymnastics]</li> <li>- perform dances using advanced dance techniques within a range of dance styles and forms</li> <li>-take part in outdoor and adventurous activities which present intellectual and physical challenges and be encouraged to work in a team, building on trust and developing skills to solve problems, either individually or as a group</li> <li>-analyse their performances compared to previous ones and demonstrate improvement to achieve their personal best</li> <li>-take part in competitive sports and activities outside school through community links or sports clubs.</li> </ul>	<ul style="list-style-type: none"> <li>-use a range of tactics and strategies to overcome opponents in direct competition through team and individual games [for example, badminton, basketball, cricket, football, hockey, netball, rounders, rugby and tennis]</li> <li>- develop their technique and improve their performance in other competitive sports [for example, athletics and gymnastics]</li> <li>- perform dances using advanced dance techniques within a range of dance styles and forms</li> <li>-take part in outdoor and adventurous activities which present intellectual and physical challenges and be encouraged to work in a team, building on trust and developing skills to solve problems, either individually or as a group</li> <li>-analyse their performances compared to previous ones and demonstrate improvement to achieve their personal best</li> <li>-take part in competitive sports and activities outside school through community links or sports clubs.</li> </ul>
<b>Cross-curricular links:</b>	<p>Science- Body systems</p> <p>PSHE/ Citizenship- communication, co operation, teamwork, resilience</p> <p>Maths- Scoring systems, measuring , statistics</p>	<p>Science- Body systems</p> <p>PSHE/ Citizenship- communication, co operation, teamwork, resilience</p> <p>Maths- Scoring systems, measuring , statistics</p>
<b>Assessments:</b>	<p>Students will receive continuous verbal assessment throughout.</p> <p>Students will be given one formative and one summative assessment per sport.</p>	<p>Students will receive continuous verbal assessment throughout.</p> <p>Students will be given one formative and one summative assessment per sport.</p>
<i>Other academy intent priorities</i>		
<b>Curriculum Careers - Gatsby 4</b>	<p>Coaching</p> <p>Officiating</p> <p>Sports leadership</p> <p>Education</p> <p>Personal training</p> <p>Sports psychology</p> <p>Sports nutrition</p>	<p>Coaching</p> <p>Officiating</p> <p>Sports leadership</p> <p>Education</p> <p>Personal training</p> <p>Sports psychology</p> <p>Sports nutrition</p>



	<p>Medicine Sports therapy</p> <p>Core employability skills- communication, creativity , teamwork, independence, resilience</p>	<p>Medicine Sports therapy</p> <p>Core employability skills- communication, creativity , teamwork, independence, resilience</p>
<p><b>Culturally rich – broadening horizons</b></p>	<p>Opportunities to represent the school in competitive competitions in the community, county and the trust across a range of sports.</p>	<p>Opportunities to represent the school in competitive competitions in the community, county and the trust across a range of sports.</p>

## PE YEAR 10

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
<b>Unit title:</b>	Covering a range of sports ( Team and individual sports )			Covering a range of sports ( Team and individual sports )		
<b>Unit length:</b>	Each sport runs for a period of 6 weeks / 12 lessons			Each sport runs for a period of 6 weeks / 12 lessons		
<b>Key concepts:</b>	<p>Each sport has it own individual key aspects, however across all areas</p> <ul style="list-style-type: none"> <li>- Leading a warm up and cool down</li> <li>- An understanding of body systems (cardio respiratory, Musculo skeletal system)</li> <li>- Communication skills and different forms of communication</li> <li>- Developing their own fitness and well being</li> <li>- Knowledge of how to analyse performance</li> <li>- Development of their own sporting ability in different areas</li> </ul> <p>Focus on wider skills, teamwork, communication etc</p>			<p>Each sport has it own individual key aspects, however across all areas</p> <ul style="list-style-type: none"> <li>- Leading a warm up and cool down</li> <li>- An understanding of body systems (cardio respiratory, Musculo skeletal system)</li> <li>- Communication skills and different forms of communication</li> <li>- Developing their own fitness and well being</li> <li>- Knowledge of how to analyse performance</li> <li>- Development of their own sporting ability in different areas</li> </ul> <p>Focus on wider skills, teamwork, communication etc</p>		
<b>Knowledge/ Skills:</b>	<p>IN KS4 – Students opt for their own pathway of sports . They are given a range of options in each term , to tailor their pe to their own interests and development</p> <p>Sports Offered :</p> <p>Team:</p> <p>JFO</p> <p>Football</p> <p>Basketball</p> <p>Rugby</p> <p>Netball</p> <p>Handball</p> <p>Dodgeball</p> <p>Individual :</p> <p>Swimming</p> <p>Badminton</p> <p>Sports leadership</p>			<p>IN KS4 – Students opt for their own pathway of sports . They are given a range of options in each term , to tailor their pe to their own interests and development</p> <p>Sports Offered :</p> <p>Team:</p> <p>Cricket</p> <p>Rounders</p> <p>Softball</p> <p>Longball</p> <p>Individual :</p> <p>Athletics Track events</p> <p>Athletics -Field events</p> <p>Tennis</p> <p>Sports leadership</p>		

<b>End points covered:</b>	<p>Develop ability and aptitude demonstrating precision, control and fluency with consistency across a range of sports and physical activities.</p> <p>An understanding of key concepts surrounding health, fitness and wellbeing and the benefits of a healthy active lifestyle.</p> <p>Know and understand the key body systems and how they impact on health, fitness and performance.</p> <p>Be able to analyse and evaluate their own work and that of others, in order to modify and improve performance</p>	<p>Develop ability and aptitude demonstrating precision, control and fluency with consistency across a range of sports and physical activities.</p> <p>An understanding of key concepts surrounding health, fitness and wellbeing and the benefits of a healthy active lifestyle.</p> <p>Know and understand the key body systems and how they impact on health, fitness and performance.</p> <p>Be able to analyse and evaluate their own work and that of others, in order to modify and improve performance</p>
<b>NC/Spec coverage:</b>	<ul style="list-style-type: none"> <li>- use and develop a variety of tactics and strategies to overcome opponents in team and individual games [for example, badminton, basketball, cricket, football, hockey, netball, rounders, rugby and tennis]</li> <li>- develop their technique and improve their performance in other competitive sports, [for example, athletics and gymnastics], or other physical activities [for example, dance]</li> <li>- take part in further outdoor and adventurous activities in a range of environments which present intellectual and physical challenges and which encourage pupils to work in a team, building on trust and developing skills to solve problems, either individually or as a group</li> <li>- evaluate their performances compared to previous ones and demonstrate improvement across a range of physical activities to achieve their personal best</li> <li>- continue to take part regularly in competitive sports and activities outside school through community links or sports clubs.</li> </ul>	<ul style="list-style-type: none"> <li>- use and develop a variety of tactics and strategies to overcome opponents in team and individual games [for example, badminton, basketball, cricket, football, hockey, netball, rounders, rugby and tennis]</li> <li>- develop their technique and improve their performance in other competitive sports, [for example, athletics and gymnastics], or other physical activities [for example, dance]</li> <li>- take part in further outdoor and adventurous activities in a range of environments which present intellectual and physical challenges and which encourage pupils to work in a team, building on trust and developing skills to solve problems, either individually or as a group</li> <li>- evaluate their performances compared to previous ones and demonstrate improvement across a range of physical activities to achieve their personal best</li> <li>- continue to take part regularly in competitive sports and activities outside school through community links or sports clubs.</li> </ul>
<b>Cross-curricular links:</b>	<p>Science- Body systems</p> <p>PSHE/ Citizenship- communication, co operation, teamwork, resilience</p> <p>Maths- Scoring systems, measuring , statistics</p>	<p>Science- Body systems</p> <p>PSHE/ Citizenship- communication, co operation, teamwork, resilience</p> <p>Maths- Scoring systems, measuring , statistics</p>
<b>Assessments:</b>	<p>Students will receive continuous verbal assessment throughout.</p>	<p>Students will receive continuous verbal assessment throughout.</p>
<p><i>Other academy intent priorities</i></p>		
<b>Curriculum</b> <b>Careers -</b> <b>Gatsby 4</b>	<p>Coaching</p> <p>Officiating</p> <p>Sports leadership</p>	<p>Coaching</p> <p>Officiating</p> <p>Sports leadership</p>

	<p>Education                      Personal training                      Sports psychology                      Sports nutrition                      Medicine                      Sports therapy</p> <p>Core employability skills- communication, creativity , teamwork, independence, resilience</p>	<p>Education                      Personal training                      Sports psychology                      Sports nutrition                      Medicine                      Sports therapy</p> <p>Core employability skills- communication, creativity , teamwork, independence, resilience</p>
<p><b>Culturally rich –</b>                      broadening                      horizons</p>	<p>Opportunities to represent the school in competitive competitions in the community, county and the trust across a range of sports.</p>	<p>Opportunities to represent the school in competitive competitions in the community, county and the trust across a range of sports.</p>

## PE YEAR 11

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
<b>Unit title:</b>	Covering a range of sports ( Team and individual sports )			Covering a range of sports ( Team and individual sports )		
<b>Unit length:</b>	Each sport runs for a period of 6 weeks / 12 lessons			Each sport runs for a period of 6 weeks / 12 lessons		
<b>Key concepts:</b>	Each sport has it own individual key aspects, however across all areas <ul style="list-style-type: none"> <li>- Leading a warm up and cool down</li> <li>- An understanding of body systems (cardio respiratory, Musculo skeletal system)</li> <li>- Communication skills and different forms of communication</li> <li>- Developing their own fitness and well being</li> <li>- Knowledge of how to analyse performance</li> <li>- Development of their own sporting ability in different areas</li> <li>- Focus on wider skills, teamwork, communication etc</li> </ul>			Each sport has it own individual key aspects, however across all areas <ul style="list-style-type: none"> <li>- Leading a warm up and cool down</li> <li>- An understanding of body systems (cardio respiratory, Musculo skeletal system)</li> <li>- Communication skills and different forms of communication</li> <li>- Developing their own fitness and well being</li> <li>- Knowledge of how to analyse performance</li> <li>- Development of their own sporting ability in different areas</li> </ul> Focus on wider skills, teamwork, communication etc		
<b>Knowledge/ Skills:</b>	IN KS4 – Students opt for their own pathway of sports . They are given a range of options in each term , to tailor their pe to their own interests and development  Sports Offered :  Team: JFO Football Basketball Rugby Netball			IN KS4 – Students opt for their own pathway of sports . They are given a range of options in each term , to tailor their pe to their own interests and development  Sports Offered :  Team: Cricket Rounders Softball Longball		

	<p>Handball Dodgeball</p> <p>Individual : Swimming Badminton Sports leadership</p>	<p>Individual :</p> <p>Athletics Track events Athletics -Field events Tennis Sports leadership</p>
<p><b>End points covered:</b></p>	<p>Develop ability and aptitude demonstrating precision, control and fluency with consistency across a range of sports and physical activities.</p> <p>An understanding of key concepts surrounding health, fitness and wellbeing and the benefits of a healthy active lifestyle.</p> <p>Know and understand the key body systems and how they impact on health, fitness and performance.</p> <p>Be able to analyse and evaluate their own work and that of others, in order to modify and improve performance</p>	<p>Develop ability and aptitude demonstrating precision, control and fluency with consistency across a range of sports and physical activities.</p> <p>An understanding of key concepts surrounding health, fitness and wellbeing and the benefits of a healthy active lifestyle.</p> <p>Know and understand the key body systems and how they impact on health, fitness and performance.</p> <p>Be able to analyse and evaluate their own work and that of others, in order to modify and improve performance</p>
<p><b>NC/Spec coverage:</b></p>	<ul style="list-style-type: none"> <li>- use and develop a variety of tactics and strategies to overcome opponents in team and individual games [for example, badminton, basketball, cricket, football, hockey, netball, rounders, rugby and tennis]</li> <li>- develop their technique and improve their performance in other competitive sports, [for example, athletics and gymnastics], or other physical activities [for example, dance]</li> <li>- take part in further outdoor and adventurous activities in a range of environments which present intellectual and physical challenges and which encourage pupils to work in a team, building on trust and developing skills to solve problems, either individually or as a group</li> <li>- evaluate their performances compared to previous ones and demonstrate improvement across a range of physical activities to achieve their personal best</li> <li>- continue to take part regularly in competitive sports and activities outside school through community links or sports clubs.</li> </ul>	<ul style="list-style-type: none"> <li>- use and develop a variety of tactics and strategies to overcome opponents in team and individual games [for example, badminton, basketball, cricket, football, hockey, netball, rounders, rugby and tennis]</li> <li>- develop their technique and improve their performance in other competitive sports, [for example, athletics and gymnastics], or other physical activities [for example, dance]</li> <li>- take part in further outdoor and adventurous activities in a range of environments which present intellectual and physical challenges and which encourage pupils to work in a team, building on trust and developing skills to solve problems, either individually or as a group</li> <li>- evaluate their performances compared to previous ones and demonstrate improvement across a range of physical activities to achieve their personal best</li> <li>- continue to take part regularly in competitive sports and activities outside school through community links or sports clubs.</li> </ul>

<b>Cross-curricular links:</b>	Science- Body systems PSHE/ Citizenship- communication, co operation, teamwork, resilience Maths- Scoring systems, measuring , statistics	Science- Body systems PSHE/ Citizenship- communication, co operation, teamwork, resilience Maths- Scoring systems, measuring , statistics
<b>Assessments:</b>	Students will receive continuous verbal assessment throughout.	Students will receive continuous verbal assessment throughout.
<i>Other academy intent priorities</i>		
<b>Curriculum Careers - Gatsby 4</b>	Coaching Officiating Sports leadership Education Personal training Sports psychology Sports nutrition Medicine Sports therapy  Core employability skills- communication, creativity , teamwork, independence, resilience	Coaching Officiating Sports leadership Education Personal training Sports psychology Sports nutrition Medicine Sports therapy  Core employability skills- communication, creativity , teamwork, independence, resilience
<b>Culturally rich – broadening horizons</b>	Opportunities to represent the school in competitive competitions in the community, county and the trust across a range of sports.	Opportunities to represent the school in competitive competitions in the community, county and the trust across a range of sports.