Year 11 2023-24

"THE BEST WAY TO PREDICT YOUR FUTURE IS TO CREATE IT."

- Abraham Lincoln





Have P.R.I.D.E in your revision

Ρ	Perseverance- Stick at it ! Its ok to make a mistake or get something wrong , keep moving forwards
R	Have Resect for yourself and others . Respect yourself enough to give it all you have got and allow others to do the same
	Inclusivity – Help others and yourself . Support each other
D	Determination – You can achieve anything you want to achieve , if you work for it!
E	Excellence – Achieve the best you can , be the best you can

Weston Favell Academy- Intervention Sessions

3PM	-4:15PM EVERY DAY	– These will be u	pdated throughout the y	/ear.
Monday	Tuesday	Wednesday	Thursday	Fridays
Maths Grade 5 Grade 5 B2	Getting English grade 7+ CST A8	My Tutor – LBE Invites only	Science (all) aiming for grade 4-5 KDA E1	Higher Maths Grade 6-7 BOL B5
Maths- Grade 4 B6 AND B4 and B7	Getting English Grade 5+ - LHE A3		Biology DDA D7	
Year 11 Art and design- CW support AAJ C6	Getting English Grade 3-4 WHO A10		Science (all) aiming for grade 6-9 (10 and 11) JBA I E5	
Maths Homework Club B1	Getting English grade 2-3 – NDA A20		Child development- CW LTI IT2	
	English LIT Grade 6+ DWE A11		History -	
	English LIT Grade 4+ JKE A2		Geog-	
	English LIT Grade 2+ EPA A4			
	French Speaking support RCO B14			
	Grade 5 Maths NPA B10			

Rewards for attendance! – Prom points , Food , Vouchers , Prize draws Not to mention better grades!!!!!!!!

What are my aims ?

What do I want to achieve?	Who do I need to see for help?	What materials do I need?

How do I revise? (Check the revision help packs from steps to success)

Revision tips 1.Start early. Starting your revision early means you can spread it out and avoid last-minute panic.

2.Find out the exam format.

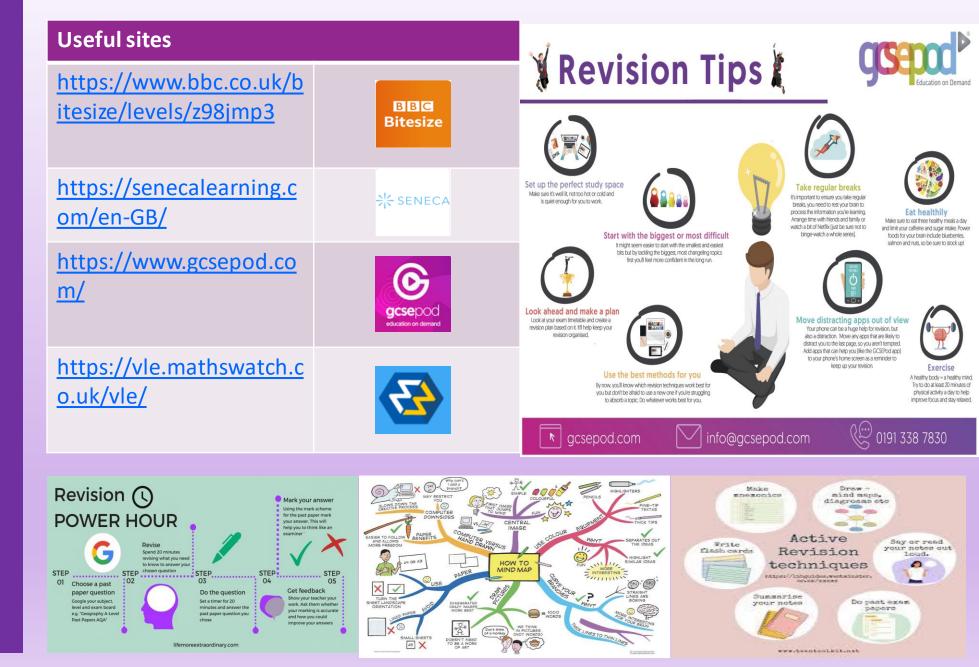
3.Find a revision method that works for you.

4.Test yourself. ...

5.Teach someone else.

6.Space out your revision and take breaks.

7.Look after yourself.



When should I revise?

Dealing with revision stress

When should I revise?

In order to revise effectively, you have to think hard. Thinking hard is tiring. Therefore, when you revise, you should choose a time when find it easiest to focus. This should be a time when you are well-rested and when you are used to working.



You should also take regular breaks when you revise. These breaks can be structured using a method called the Pomodoro technique



Managing your time when revising

Pomodoro technique is **highly effective** as it helps you effectively manage your time and work on a task without distractions. It is also beneficial as it helps you become more disciplined and think about your work. This technique is designed to combat multitasking and improve concentration.

STEP 1		Pick a task
STEP 2	X	Set a 25-minute timer
STEP 3	<u></u>	Work on your task until the time is up
STEP 4	۲	Take a 5 minute break
STEP 5	٩	Every 4 pomodoros, take a longer 15-30 minute break

When revising:

Do:

- Get into a routine of revising at a particular point every day.
- Revise when you are well-rested or at a time when you are used to working.
- Take regular small breaks.

Don't:

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- Depend on when you want to revise.
- Revise late at night or when you are tired.
- Try to force yourself to work for long periods of time without a break.









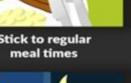
Do the actual work - revise!

When really stressed, talk to someone about it

Get some fresh air each day



Stick to regular meal times





A good sleep the night before is better than last minute cramming

X



Do something to switch

Once you've done the exam, move on to the next one





Don't aim for perfection - it's a myth and doesn't exist





Don't dwell on

worst case scenarios

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Revision Strategies

9 ways to use retrieval when revising .

Brain Dump 🖺

Choose a topic and write down as much as you can remember, without referring to your notes. Check your notes and see w hat you missed then try fill the gaps without the notes. Check your notes a third time and add the missing information.

Flash cards

Write flash cards for each topic, in all subjects, then mix them up for the most effective revision. Check out the Leitner System for effective spacing and interleaving. Keep your flash cards simple – one question, one answer per card.

Map it out 🔝

Take an essay question or writing question and map out your answer, without writing a full response. Look at the mark scheme and deicide if you plan meets the criteria. DO this for a number of questions, then choose one and write the full response.

Past papers

Ask your teacher for practice questions or exam papers. Complete them without notes in the exam conditions, then check you answers and identify the gaps in your knowledge, so you can target your revision.

Quizzes

Write a set of questions and answers and ask someone to test you. Its important to either write or say your answers loud. Reading through quizzes in your head can give you a false sense of security.

Thinking hard: Reduce

Read a section of your notes then put them aside and reduce what you need into 3 bullet points, each one no more than 10 words. Look back at the notes and decide if you missed anything important. Hide the notes and write a fourth bullet point.

Practice Introductions

For essay subjects, tale a past exam question and practice writing effective introductions and conclusion. Look back at your notes and remind yourself of the important things to remember. Practice for different topics, texts and papers.

Thinking hard: Connect

For each subject, consider the exam paper and group together questions that require the same technique to answer. Write down the requirements for each type. Find a previous example you have completed and identify where you've met the criteria.

Thinking hard: Transform 🔀

Read a paragraph from your notes or a text book, and transform it into a diagram, chart or sketch – no w ords allowed. OR Look a diagram in science, for example, and transform it into a paragraph of explanation.

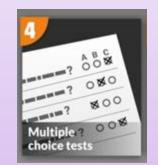
Key vocabulary

For a particular topic, make a list of key vocabulary, then do the following: define each word; use each term in a sentence; create a question where the key word is the answer; identify other words which connect to each of **Ptify** fords in your list.













Essay

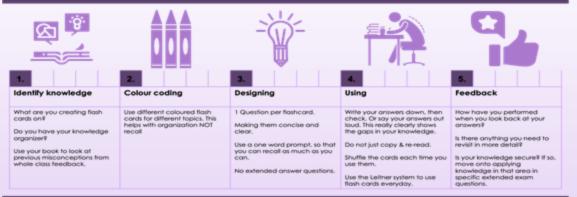
answers





Retrieval practice is one of the most effective ways to revise. By answering questions rather than merely reading or highlighting information, you're putting yourself in the best position possible to succeed and remember as much of your subjects as possible. Past papers, essays, multiple choice tests and flashcards are a great way of doing it.

Summary: How to use flash cards



Avoid answering the questions in your head: research shows that when you read a question and answer i in your head, you aren't actually testing your knowledge effectively. Say the answer out loud or write it down before checking it against the card, so you are truly testing if you can explain the answer properly

Flash card top tips



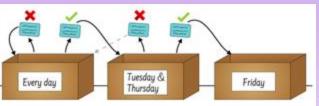
- The most effective flashcards include one question followed by one answer (or one term followed by one definition).
- Don't force your brain to remember a complex and wordy answer. It's easier for your brain to process simpler information so split up your longer questions into smaller, simpler ones.
- You will end up with more flashcards this way but your learning will be a lot more effective.

Using flash cards

Self Quizzing

- **Read the auestion** on your flash card
- 2. Write your answer in your HL book
- 3. Put your flash card down to one side
- Move onto the **next** card
- 5. Repeat steps 1-3
- 6. Keep your flash cards in the order you have guizzed them in.
- Mark your answers highlight any answers you got incorrect.

Leitner System



1. Every card starts in Box 1. 2. If you get a card right, move it to the next Box. 3. If you get the card wrong, move it down a box — in the original version you move it all the way back to Box 1.

Spacing

Summary: Spacing

Spacing is requiarly revisiting material so that you are doing little and often instead of all at once.

Doing a little amount regularly is more effective than doing a lot all at once. We do this so that we don't get swamped and overwhelmed

To commit something to memory, it takes time and repetition

Optimum Spacing

- Research suggests there is an 'optimal gap' between revision sessions so you can retain the information.
- If the test is in a month, you should review the information around once a week. If the test is in a week, create time once a day

Why use Spacing?

- Doing something little and often spacing beats doing it at once, or cramming
- The time in between revision allows you to forget and re-learn the information, which cements it in your long-term memory
- It cements information into your long-term memory
- We can learn more information over time than in one longer session
- · It helps you revise more efficiently

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Time to the test	Revision Gap
1 Week	1-2 days
1 Month	1 week
3 Months	2 weeks
6 Months	3 weeks
1 Year	1 month

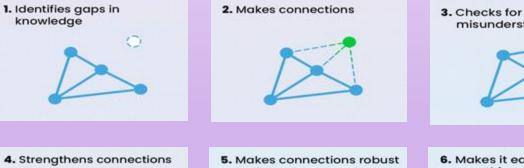
WHY? This is because the time in between allows you to forget and re-learn the

information, which cements it in your long

term memory

Retrieval

Retrieval practice is defined by Mark Enser as 'retrieving something from our memories to make it easier to recall in future.' If using it makes recall easier, surely this is a big win for learning and the progress of our students.



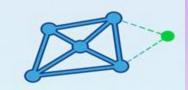


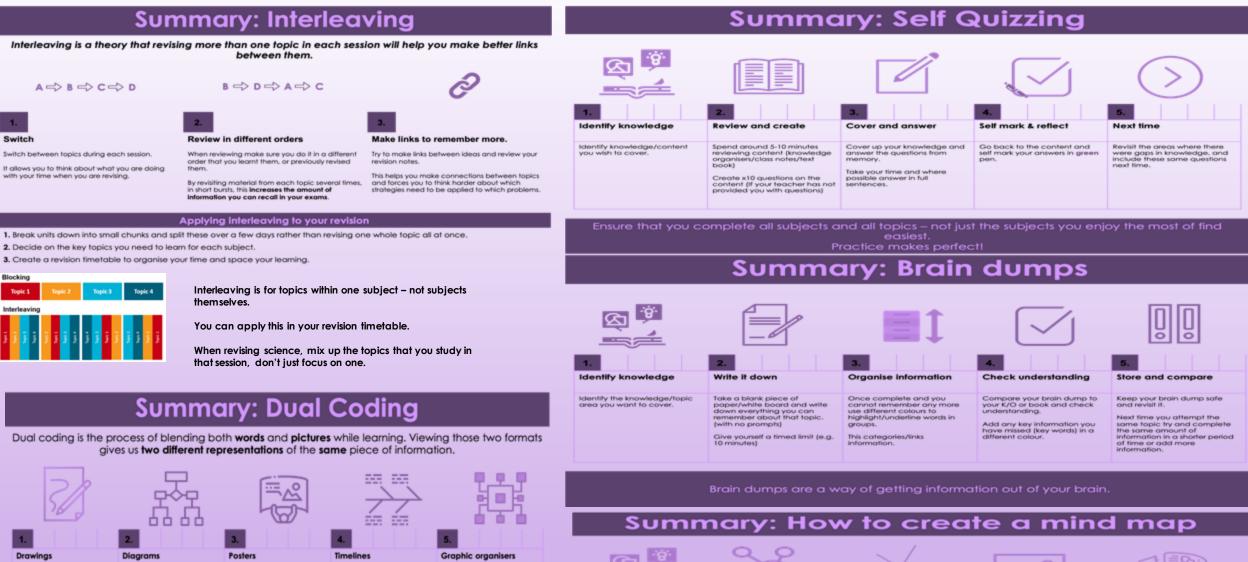






6. Makes it easier to learn new things





These are helpful for breaking These are great for combining These boost learning by getting These can be used of These organise verbal and you to think deeply about down complex concepts or writing, pictures and diagrams information that happens in a visual information by the information. processes to make them easier all within one page of particular order or sequence. relationships between different to understand. information concepts. Examples include tree diagrams, mind maps and Venn diagrams. Identify knowledge Identify sub topics 4 Key Principles for using dual coding Select a topic you wish to revise. Have your class notes/knowledge organise Place the main topic in the Cut - Reduce the Chunk - Divide the Alian - Make sure that Restrain - Avoid centre of your page and identify sub topics that will branch off. amount of content, content into groups words and pictures "overdoing" it. In be selective and only of related are neatly ordered. other words, don't go use the most information: making them easier crazy with different important information. to read: colours and fonts.

Avoid using too much information: mind maps are designed to summarise key information and connect areas of a topic/subject. If you overcrowd the page, you lose the point of the mind map and will find it harder to visualise the information when trying to recall it

Bronch of your sub topics with further detail.

Try not to fill the page with too

Use images & colour

Use images and colour to help topics slick into your memory. Put it somewhere visible

Place completed mind maps in places where you can see them frequently.

Branch of

much writing

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Useful websites and apps

COURSE	USEFUL WEBSITES and APPS
BTEC Art & Design	www.tate.org.uk/art/art-terms/f/found-object www.vam.ac.uk/collections/furniture www.artsy.net/gene/found-objects
BTEC Creative Media	www.bbc.co.uk/bitesize/subjects/ztnygk7 www.studiobinder.com/blog/different-types-of-camera-movements-in-film www.studiobinder.com/blog/how-to-plan-a -film-shoot-time
BTEC Music	www.prsformusic.com www.quizlet.com www.musiciansunion.org.uk
BTEC Tech Award in Enterprise	www.businessstudiesonline.com www.bized.co.uk www.times100.co.uk www.tutor2u.net
Art & Design	www.studentartguide.com www.bbc.co.uk/schools/gcsebitesize/art www.dearphotograph.com
Biology	www.gcsepod.com (link on school website) www.bbc.co.uk/education www.kerboodle.com www.senecalearning.com For required practicals type in free science videos on YouTube
Chemistry	www.gcsepod.com (link on school website) www.bbc.co.uk/education www.kerboodle.com www.senecalearning.com For required practicals type in free science videos on YouTube
Combined Science	www.gcsepod.com (link on school website) www.bbc.co.uk/education www.kerboodle.com www.senecalearning.com For required practicals type in free science videos on YouTube

Useful websites and apps

Design & Technology	www.bbc.co.uk/bitesixe/examspecs
	www.technologystudent.com/despro_flsh/NEW_GCSE3
	www.app.senecaleearning.com
English Language	www.gcsepod.com (link on school website)
English Language	www.bbc.co.uk/bitesize
	www.sparknotes.com
	www.shmoop.com
	www.aqa.org.uk
English Literature	www.gcsepod.com (link on school website)
Ligisti Literature	www.bbc.co.uk/bitesize
	www.sparknotes.com
	www.shmoop.com
	www.aga.org.uk
French	www.linguascope.com (foundation tier)
THENCH	www.linguastars.co.uk (higher tier)
	school user name:westonfav
	password: time4kings
	www.bbc.co.uk/schools/gcsebitesize
	www.guizlet.co.uk
	www/targetlanguage.co.uk
	www.duolingo.com
	www.gcsepod.com (link on school website)
Coography	www.aqa.org.uk/subjects/geography/gcse/geography-8035
Geography	www.s-cool.co.uk/gcse/geography
	www.gcsepod.com (link on school website)
	PiXL app – Geography
	Surname and first letter of first name = user name and password
	School ID: WF4071
Health & Social Care	www.bbc.co.uk/bitesize
riealti a Social Cale	

Useful websites and apps

Hospitality & Catering History	www.foodsafety.gov www.nutrition.org.uk www.food4life.org.uk/key-stage-four/health-and-nutrition/nutritional-requirements www.gdalabel.org.uk/gda/gda_values.aspx www.bbc.co.uk/education/examspecs/zw4bv4 www.gcsepod.com (link on school website) www.getrevising.co.uk
Maths	www.mymaths.co.uk Username:favell Password square www.mathswatchvle.com Example: Sam Joe Login: SJoe@westonfavell Password: changeme mathsapp.pixl.org.uk Surname and first letter of first name = user name and password School ID: WF4071
Physics	www.gcsepod.com (link on school website) www.bbc.co.uk/education www.kerboodle.com www.senecalearning.com For required practicals type in free science videos on YouTube
Sport Science	www.teachPE.com www.brianmac.co.uk www.topendsports.com www.bbc.co.uk/bitesize/gcsepe

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What do the exam command words mean ?

- Analyse-Break down the content of a topic, or issue, into its constituent elements in order to provide an in-depth account and convey an
 understanding of it.
- Annotate- Add to a diagram, image or graphic a number of words that describe and/or explain features, rather than just identify them (which is labelling).
- Assess- Consider several options or arguments and weigh them up so as to come to a conclusion about their effectiveness or validity.
- Calculate- Work out the value of something.
- Critically-Often occurs before 'Assess' or 'Evaluate' inviting an examination of an issue from the point of view of a critic with a particular focus on the strengths and weaknesses of the points of view being expressed.
- Define..., What is meant by...- State the precise meaning of an idea or concept. There is usually a low tariff of marks for this.
- Describe- Give an account in words of a phenomenon which may be an entity, an event, a feature, a pattern, a distribution or a process. For example, if describing a landform say what it looks like, give some indication of size or scale, what it is made of, and where it is in relation to something else (field relationship).
- Discuss- Set out both sides of an argument (for and against), and come to a conclusion related to the content and emphasis of the discussion. There should be some evidence of balance, though not necessarily of equal weighting.
- Evaluate-Consider several options, ideas or arguments and come to a conclusion about their importance/success/worth.
- Examine- Consider carefully and provide a detailed account of the indicated topic.
- Explain.., Why.., Suggest reasons for...- Set out the causes of a phenomenon and/or the factors which influence its form/nature. This usually requires an understanding of processes. Explanation is a higher-level skill than description and this is often reflected in its greater mark weighting.
- Interpret-Ascribe meaning.
- Justify- Give reasons for the validity of a view or idea why some action should be undertaken. This might reasonably involve discussing and discounting alternative views or actions. Each of the views present or options available will have positives and negatives. For the outcome(s) chosen, the positives outweigh the negatives. Students should be able to explain all of this review process.
- Outline..., Summarise...- Provide a brief account of relevant information.
- To what extent...- Form and express a view as to the merit or validity of a view or statement after examining the evidence available and/or different sides of an argument.

Revision timetable – Planner

My subjects : (How many papers? What topics?)

Time	Monday	Tuesday	Wednesday	Thursday	Friday	Times	Saturday	Sunday
After School Intervention						10-11		
5-6						11:30- 12:30		
Break								
6:30- 7:30						2-3		
Break								
Any extras?						Evening?		

September 2023



Image: staffImage: staff </th <th>Monday</th> <th>Tuesday</th> <th>Wednesday</th> <th>Thursday</th> <th>Friday</th> <th>Things I need to revise this week</th>	Monday	Tuesday	Wednesday	Thursday	Friday	Things I need to revise this week
staff 12 in 226 days Until Practical exams Image: Constraint of the state of the						
Deadlines to meet ?			226 days Until	7	8	
	11	12	13	14	15	
18 19 20 21 22						Deadlines to meet ?
	18	19	20	21	22	
25 26 27 28 29	25	26	27	28	29	

October 2023



Monday	Tuesday	Wednesday	Thursday	Friday	Things I need to revise this week ?
2	3	4	5 Vocational subjects / coursework deadlines (Topic you did in year 10)	6	
9	10	11	12 STEPS TO SUCCESS! Come in for revision support	13	
16	17	18	19	20	Deadlines to meet ?
23 Half term – Make sure you check for revision sessions this week		25	26	27	
30	31				

November 2023



Monday	Tuesday	Wednesday	Thursday	Friday	Things I need to revise this week ?
		1	2	3	
6	7	8	9	10	
13	14	15	16	17	
		Mock weeks			Deadlines to meet ?
20	21	22	23	24	
27	28	29	30		

December 2023



Monday	Tuesday	Wednesday	Thursday	Friday	Things I need to revise this week
				1	
4	5	6	7	8	
11	12	13	14 Parents Evening	15	
					Deadlines to meet ?
18	19 Vocational Coursework deadline	20	21 Start of the Christmas break	22	
25	26	27	28	29	

January 2024



Monday	Tuesday	Wednesday	Thursday	Friday	Things I need to revise this week
1	2	3	4 Training day for staff	5 Back AT school!	
8	9	10	11	12	
15	16	17	18	19	
22	23	24	25 Sixth form open evening	26	Deadlines to meet ?
29	30	31			

February 2024



Monday	Tuesday	Wednesday	Thursday	Friday	Things I need to revise this week
			1	2	
5	6	7	8	9	
12	13	14	15	16	
					Deadlines to meet ?
19 Half term – Make sure you check for revision sessions this week	20	21	22	23	
26	27	28	29		

March 2024



Monday	Tuesday	Wednesday	Thursday	Friday	Things I need to revise this week
				1	
4	5	6	7	8	
11	12	13	14	15	
	12	15	14	15	Deadlines to meet ?
18	19	20	21	22	
25	26	27	28	29 Bank Holiday	

April 2024



Monday	Tuesday	Wednesday	Thursday	Friday	Things I need to revise this week?
1 Easter break – Make sure you check for revision sessions these weeks	2	3	4	5	
8	9	10	11	12	
15	16	17	18	19	Deadlines to meet ?
22	23	24	25	26	
20	-	AMS ! ART/DT/CATERING/	DRAM/DANCE		
29	30				

May 2024



Monday	Tuesday	Wednesday	Thursday	Friday
	Practical	EXAMS ! ART/DT/CATERING/	DRAM/DANCE	
		1	2	3
6 Bank Holiday	7	81	9	10
13	14	15	16	17
			EXAMS !	
20	21	22	23	24
		EXAMS !		
27 Half term – Make sure you check for revision sessions this week	28	29	30	31

ngs I need to revise this week?

dlines to meet?

June 2024



Monday	Tuesday	Wednesday	Thursday	Friday	Things I need to revise this week ?
3	4	5	6	7	
		EXAMS !			
10	11	12	13	14	
					Deadlines to meet ?
17	18	19	20	21	
		EXAMS !			
24	25	26	27	28	

July 2024



Monday	Tuesday	Wednesday	Thursday	Friday	Things I need to revise this week
1	2	3	4	5	
8	9	10	11	12	
15	16	17	18 Last day !	19	Deadlines to meet ?
22	23	24	25	26	
29	30	31			

August 2024



Monday	Tuesday	Wednesday	Thursday	Friday	Things I need to revise this week
			1	2	
5	6	7	8	9	
12	13	14	15	16	
19	20	21 RESULTS DAY !	22	23	Deadlines to meet ?
26	27	28	29	30	