

WEEK 1

CLASSIC FAVOURITES MONDAY

Eastern TUESDAY

Great British WEDNESDAY

All American THURSDAY

FISH CHIPS FRIDAY

MAIN

£1.90

Cottage Pie (Beef) (7)
Garden Peas

Oriental Sweet & Sour Chicken (1)
Egg Noodles (2,4)

Roast Beef
Yorkshire Pudding (2,4,7)
Cauliflower, Green Beans New
Potatoes & Gravy (2)

ButterMilk Chicken
Baked Wedges, Coleslaw and Baby
Cobs (2, 7)

Oven Baked Battered Fish
(2,4,5,7) or
Salmon Fish Cakes (2,5)
Chips and Baked Beans/Peas

MEAL DEAL £2.36 - MAIN OR VEGGIE WITH PUD & 50p DRINK + FREE SALAD

VEGGIE

£1.90

Macaroni Cheese (2,7)
Sweetcorn/Garden Peas and
Garlic Slice (2,7) ✓

Chick Pea, Spinach & Sweet Potato
Curry (2)
Rice VEGAN ✓

Roast Quorn Fillet (4)
Yorkshire Pudding (2,4,7)
Cauliflower, Green Beans, New
Potatoes & Gravy (2) ✓

Loaded Mexican Vegetable & Bean
Chilli (2,4,7) VEGAN ✓
On Wedges (not Cooked in Oil)

Veggie Linda Mc Sausages, Chips
with Beans, Cheese (7)
Mixed Salad VEGAN ✓

FUSION

£1.90

Tomato & Herb Pasta (2) ✓
Sweet Chilli Chicken Noodle Pot
(2,4,12)

Tomato & Herb Pasta (2) ✓
Piri Piri Chicken Rice Pot (2)

Tomato & Herb Pasta (2) ✓
Chilli Beef Pasta Pot (2,)

Tomato & Herb Pasta (2) ✓
Chicken Korma Rice Pot (2,7)

Tomato & Herb Pasta (2) ✓
Bacon Pasta Pot (2)

STREET

See Street Food Tariff and notice
boards for todays offers and
information.

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DELI 2GO

Assorted Freshly Made Baguettes,
Wraps & Sandwiches
(see packaging for allergens)

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THE PUD

£0.65

Ice Cream Pot (2,4,7)

Apple Crumble (2,4,7) & Custard

Vanilla Sponge & Custard (2,4,7)

Assorted Mixed Cookies (2,4,7,13)

Beetroot and Chocolate Muffin
(2,4,7)

Fruit Mousse (7), Fresh Fruit,
Grape Pots Or Jelly

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Grape Pots Or Jelly



Rev Sept
2019

Milk, Juices, Waters, Yoghurt, Fresh Fruit, Sandwiches and other healthy snacks are available from our chillers hot counters or outlets daily and all subject to availability.

ANY ALLERGEN CONCERNS - PLEASE SPEAK TO THE CATERING MANAGER



ALLERGEN KEY

1 Celery 2 Cereals containing Gluten 3 Crustaceans 4 Eggs 5 Fish 6 Lupin 7 Milk 8 Molluscs 9 Mustard 10 Nuts 11 Peanuts 12 Sesame 13 Soya 14 Sulphur Dioxide

WE ONLY SERVE FOOD WE WOULD BE HAPPY TO BE SERVED OURSELVES. MOST OF OUR MEAT IS RED TRACTOR ACCREDITED AND BRITISH, OUR EGGS AND MAYO ARE FREE RANGE, OUR FISH IS CAUGHT FROM SUSTAINABLE STOCKS. TO FURTHER REDUCE THE FOOD MILES, AMEY'S AIM IS TO PROCURE OUR INGREDIENTS FROM ONE SUPPLIER THAT SOURCE AS LOCAL AS POSSIBLE. HOWEVER SOURCING THESE GREAT INGREDIENTS AND PRODUCING GREAT TASTING FOOD CAN ONLY BE BROUGHT TOGETHER BY OUR SKILLED AND TRAINED TEAMS. ALL OF OUR FOOD IS PRODUCED IN AN ENVIRONMENT WHERE NUTS AND OTHER FOOD ALLERGENS ARE PRESENT, IF YOU HAVE A DIETARY REQUIREMENTS, PLEASE SPEAK TO ONE OF OUR TEAM WHO WILL BE HAPPY TO HELP TO FIND SOMETHING SUITABLE. ALL OF OUR DISHES ARE FULLY