

WEEK 2

**CLASSIC FAVOURITES MONDAY**

**Eastern TUESDAY**

**Great British WEDNESDAY**

**All American THURSDAY**

**FISH CHIPS FRIDAY**

**MAIN**

£1.90

Spaghetti Bolognese (2,7) Cheesy Garlic Bread (2,7) and Mixed Salad	Chicken Tikka (7) Wholegrain Rice and Mini Naan Bread (2)	Roast Turkey Yorkshire Pudding (2,4,7), Seasonal Veg, Roast Potatoes & Gravy	Mexican Beef Chilli Enchilada (2) Sweetcorn with Baked Cajun Wedges	Oven Baked Battered Fish (2,4,5,7) Chips and Baked Beans/Peas
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MEAL DEAL £2.36 - MAIN OR VEGGIE WITH PUD & 50p DRINK + FREE SALAD

**VEGGIE**

£1.90

Linda McCartney Bolognese (2,13) ✓ Cheesy Garlic Bread (2,7) and Mixed Salad	Vegetable Tikka Masala (contains lentils, pulse & beans) (7) ✓ Wholegrain Rice and Naan (2)	Vegetable Savoury Pastry (2,4,7) ✓ Seasonal Veg and Potatoes	Falafel (chick pea) (2) and Spinach Burger in Bun (2) ✓ Wedges & Coleslaw (4,7,9)	Spicy Bean Burger Wrap with a dressing (2) VEGAN ✓ Chips & Peas (7)
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**FUSION**

£1.90

Tomato & Herb Pasta (2) ✓ Cheesy Pasta Pot (2,7)	Tomato & Herb Pasta (2) ✓ Chilli Beef Rice Pot (2)	Tomato & Herb Pasta (2) ✓ Beef Bolognese Pasta Pot (2)	Tomato & Herb Pasta (2) ✓ Spicy Sausage Pasta Pot (2,13)	Tomato & Herb Pasta (2) ✓ Chicken Meatball Pasta Pot (2)
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**STREET**

See Street Food Tariff and notice boards for todays offers and information.	See Street Food Tariff and notice boards for todays offers and information.	See Street Food Tariff and notice boards for todays offers and information.	See Street Food Tariff and notice boards for todays offers and information.	See Street Food Tariff and notice boards for todays offers and information.
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**DELI 240**

Assorted Freshly Made Baguettes, Wraps & Sandwiches (see packaging for allergens)	Assorted Freshly Made Baguettes, Wraps & Sandwiches (see packaging for allergens)	Assorted Freshly Made Baguettes, Wraps & Sandwiches (see packaging for allergens)	Assorted Freshly Made Baguettes, Wraps & Sandwiches (see packaging for allergens)	Assorted Freshly Made Baguettes, Wraps & Sandwiches (see packaging for allergens)
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**THE PUD**

£0.65

Ice Cream Pot (2,4,7) Fruit Mousse (7), Fresh Fruit, Grape Pots Or Jelly	Chocolate Sponge with Chocolate Sauce (2,4,7) Fruit Mousse (7), Fresh Fruit, Grape Pots Or Jelly	Apple and Fruit Crumble & Custard (2,4,7) Fruit Mousse (7), Fresh Fruit, Grape Pots Or Jelly	Coco Crunch (2,4,7) Fruit Mousse (7), Fresh Fruit, Grape Pots Or Jelly	Vanilla Muffin (2,4,7) Fruit Mousse (7), Fresh Fruit, Grape Pots Or Jelly
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Rev Sept 2019

Milk, Juices, Waters, Yoghurt, Fresh Fruit, Sandwiches and other healthy snacks are available from our chillers hot counters or outlets daily and all subject to availability.

our Kitchen good food's what we do

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CHILDREN'S FOOD TRUST Eat Better Do Better

ANY ALLERGEN CONCERNS - PLEASE SPEAK TO THE CATERING MANAGER

**ALLERGEN KEY**

1 Celery 2 Cereals containing Gluten 3 Crustaceans 4 Eggs 5 Fish 6 Lupin 7 Milk 8 Molluscs 9 Mustard 10 Nuts 11 Peanuts 12 Sesame 13 Soya 14 Sulphur Dioxide

WE ONLY SERVE FOOD WE WOULD BE HAPPY TO BE SERVED OURSELVES. MOST OF OUR MEAT IS RED TRACTOR ACCREDITED AND BRITISH, OUR EGGS AND MAYO ARE FREE RANGE, OUR FISH IS CAUGHT FROM SUSTAINABLE STOCKS. TO FURTHER REDUCE THE FOOD MILES, AMEY'S AIM IS TO PROCURE OUR INGREDIENTS FROM ONE SUPPLIER THAT SOURCE AS LOCAL AS POSSIBLE. HOWEVER SOURCING THESE GREAT INGREDIENTS AND PRODUCING GREAT TASTING FOOD CAN ONLY BE BROUGHT TOGETHER BY OUR SKILLED AND TRAINED TEAMS. ALL OF OUR FOOD IS PRODUCED IN AN ENVIRONMENT WHERE NUTS AND OTHER FOOD ALLERGENS ARE PRESENT, IF YOU HAVE A DIETARY REQUIREMENTS, PLEASE SPEAK TO ONE OF OUR TEAM WHO WILL BE HAPPY TO HELP TO FIND SOMETHING SUITABLE. ALL OF OUR DISHES ARE FULLY