

WEEK 3

CLASSIC FAVOURITES MONDAY

Eastern TUESDAY

Great British WEDNESDAY

All American THURSDAY

FISH CHIPS FRIDAY

MAIN

£1.90

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| Brunch Lunch Pork or Chicken Sausage (13), Scrambled Egg (4,7), Bacon, Beans & Diced Potatoes | Japanese Chicken Katsu with a Curry Sauce (1,2,4,7,9,12,13) Wholegrain Rice | Hunters Chicken (7) Mixed Vegetables & Potatoes | American Beef Pie (2,4,7) Mash & Sweetcorn | Oven Baked Battered Fish (2,4,5,7) Chips and Baked Beans/Peas |
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MEAL DEAL £2.36 - MAIN OR VEGGIE WITH PUD & 50p DRINK + FREE SALAD

VEGGIE

£1.90

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| Veggie Brunch Lunch (4,7) Egg (4,7), Veggie Sausages (4) Beans & Diced Potatoes ✓ | Katsu Vegetable Curry Wholegrain Rice VEGAN ✓ | Cheese & Onion Quiche (2,4,7) ✓ Mixed Vegetables & Potatoes | American Vegetarian Pie (2,4,7) ✓ Wedges and Sweetcorn | Quorn Sausages (2,4,7,14) Chips, Beans & Gravy ✓ |
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FUSION

£1.90

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| Tomato & Herb Pasta (2) ✓ Sweet Chilli Chicken Noodle Pot (2,4,12) | Tomato & Herb Pasta (2) ✓ Piri Piri Chicken Rice Pot (2) | Tomato & Herb Pasta (2) ✓ Chilli Beef Pasta Pot (2,) | Tomato & Herb Pasta (2) ✓ Chicken Korma Rice Pot (2,7) | Tomato & Herb Pasta (2) ✓ BBQ Chicken Pasta Pot (2) |
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STREET

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| See Street Food Tariff and notice boards for todays offers and information. | See Street Food Tariff and notice boards for todays offers and information. | See Street Food Tariff and notice boards for todays offers and information. | See Street Food Tariff and notice boards for todays offers and information. | See Street Food Tariff and notice boards for todays offers and information. |
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DELI 2GO

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| Assorted Freshly Made Baguettes, Wraps & Sandwiches (see packaging for allergens) | Assorted Freshly Made Baguettes, Wraps & Sandwiches (see packaging for allergens) | Assorted Freshly Made Baguettes, Wraps & Sandwiches (see packaging for allergens) | Assorted Freshly Made Baguettes, Wraps & Sandwiches (see packaging for allergens) | Assorted Freshly Made Baguettes, Wraps & Sandwiches (see packaging for allergens) |
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THE PUD

£0.65

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| Ice Cream Pot (2,4,7) Fruit Mousse (7), Fresh Fruit, Grape Pots Or Jelly | Hot Lemon Drizzle & Custard (2,4,7) Fruit Mousse (7), Fresh Fruit, Grape Pots Or Jelly | Jam Sponge & Custard (2,4,7) Fruit Mousse (7), Fresh Fruit, Grape Pots Or Jelly | Hot Chocolate Brownie (2,4,7) Fruit Mousse (7), Fresh Fruit, Grape Pots Or Jelly | Mixed Fruit Muffin (2,4,7) Fruit Mousse (7), Fresh Fruit, Grape Pots Or Jelly |
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Rev Sept 2019

Milk, Juices, Waters, Yoghurt, Fresh Fruit, Sandwiches and other healthy snacks are available from our chillers hot counters or outlets daily and all subject to availability.

ANY ALLERGEN CONCERNS - PLEASE SPEAK TO THE CATERING MANAGER

our Kitchen good food's what we do

amey

CHILDREN'S FOOD TRUST Eat Better Do Better

ALLERGEN KEY

1 Celery 2 Cereals containing Gluten 3 Crustaceans 4 Eggs 5 Fish 6 Lupin 7 Milk 8 Molluscs 9 Mustard 10 Nuts 11 Peanuts 12 Sesame 13 Soya 14 Sulphur Dioxide

WE ONLY SERVE FOOD WE WOULD BE HAPPY TO BE SERVED OURSELVES. MOST OF OUR MEAT IS RED TRACTOR ACCREDITED AND BRITISH, OUR EGGS AND MAYO ARE FREE RANGE, OUR FISH IS CAUGHT FROM SUSTAINABLE STOCKS. TO FURTHER REDUCE THE FOOD MILES, AMEY'S AIM IS TO PROCURE OUR INGREDIENTS FROM ONE SUPPLIER THAT SOURCE AS LOCAL AS POSSIBLE. HOWEVER SOURCING THESE GREAT INGREDIENTS AND PRODUCING GREAT TASTING FOOD CAN ONLY BE BROUGHT TOGETHER BY OUR SKILLED AND TRAINED TEAMS. ALL OF OUR FOOD IS PRODUCED IN AN ENVIRONMENT WHERE NUTS AND OTHER FOOD ALLERGENS ARE PRESENT, IF YOU HAVE A DIETARY REQUIREMENTS, PLEASE SPEAK TO ONE OF OUR TEAM WHO WILL BE HAPPY TO HELP TO FIND SOMETHING SUITABLE. ALL OF OUR DISHES ARE FULLY