

## Fun activities to do at home with the kids

- Treasure hunt (with clues, hide a favourite toy somewhere in the house)
  - Make a batch of playdoh -  
<https://www.youtube.com/watch?v=oAIAm6BF0fs>
- Tint shaving cream with food colouring, paint the windows or glass doors (or the inside of the shower glass) then rinse it off
  - Graffiti the garden fence with chalk
  - Day spa – do a Mani/Pedi/foot soak/face mask
- Have a Living Room disco – play freeze, musical chairs, have a dance off
  - Go through recipe books together and have a bake off challenge
  - Gardening – pull weeds, trim bushes, collect flowers for a vase
  - Try shadow drawing, leaf rubbings, painting bark or stones
    - Use a mirror to draw a self portrait
    - Create an obstacle course
- Build a fort using the couch and every cushion/pillow you can find
  - Thread pasta into jewellery
- Go through your board/card games and challenge yourself to play them all. Design your own game
  - Make greeting cards for the stationery cupboard to be used for birthdays and other occasions
    - Make a paper chain to hang up in the dining room
- Outdoor games like egg and spoon race, tag team races, three legged races, or play stuck in the mud
  - Fold paper planes and see how far they will fly
  - Build the highest block tower you can

- Learn how to bake bread
  - Keep a balloon in the air as long as possible
- Play cinema – make tickets, popcorn, give your guests a rug and watch a movie together
- Make up a workout and do it together (eg: 25 star jumps, 20 squats, 15 crunches, hop like a bunny around the lounge room, frog leap your partner)
  - Make a magic potion using aromatherapy oils, glitter, water, petals
- Water play – buckets, scoopers, whisk, pouring jugs, straws, bubbles!
  - Have a picnic lunch outside. Take books and toys with you

## Games and activities for kids and early years:

<https://www.bbc.co.uk/cbeebies>

<https://www.boomerangtv.co.uk/games>

<https://www.activityvillage.co.uk/games>

## Games and activities for 12+:

- Dig out your board games and get everyone involved
  - Pamper days – hair, nails, homemade face masks
    - Search Yoga videos on YouTube
    - Watch a favourite film together
    - Baking – favourite sweet treats
    - Colouring books for teens

- Gardening
  - Helping decorate the house
  - Spend time together playing with LEGO
- Search for free creative apps on your phone – film making, animation
  - Home workout videos
  - Create a playlist of all your favourite songs
    - Make a scrap book together
- Arts and crafts – painting, drawing, making – search Pinterest
  - Grow your own vegetables
  - Make a music video together