



WESTON FAVELL ACADEMY

Senior Executive Principal: Mr T Johnson

Booth Lane South
Weston Favell
Northampton NN3 3EZ

Tel: 01604 402121

Fax: 01604 400361

email: admin@westonfavellacademy.org

 WestonFavellGAT

6th March 2025

Dear Parent/Carer

Re: Relationships and Sexual Health Education (RSHE)

I am writing to inform you about the Relationships and Sexual Health Education (RSHE) curriculum at Weston Favell Academy, in line with the statutory guidance from the Department for Education (DfE). As part of our commitment to providing a broad and balanced curriculum, we ensure that all pupils receive age-appropriate and evidence-based education on relationships, health, and well-being.

From September 2020, the teaching of Relationships and Sexual Health Education (RSHE) became compulsory in all secondary schools in England. The curriculum aims to equip pupils with the knowledge and skills to form healthy relationships, understand consent, and make informed decisions about their well-being. Topics covered include:

- Healthy relationships, including friendships and family dynamics
- Respect, equality, and diversity
- Online safety and media influence
- Sexual health, including contraception and STIs
- The importance of consent and personal boundaries
- The impact of relationships on mental and emotional well-being

All content is delivered in a sensitive and age-appropriate manner by trained staff, ensuring that students feel comfortable and supported in their learning.

Parental Right to Withdraw

We acknowledge that some parents may have concerns about aspects of the RSHE curriculum. While parents have the right to request that their child be withdrawn from the sex education elements of RSHE (excluding those elements that are part of the science curriculum), we encourage discussions with the school before making any decisions.

Each year, we send a letter to all parents and carers asking if you wish to withdraw your child (years 8 -11 only) from these specific sex education lessons. If you would like to withdraw your child, please submit a written request to Mr Beeby, Head of School at kbeeby@westonfavellacademy.org.

A meeting will then be arranged to discuss your concerns and explore alternative provisions. For further details on the statutory requirements, we encourage you to review the **DfE's guidance on Relationships, Sex and Health Education**, available at:

<https://www.gov.uk/government/publications/relationships-education-relationships-and-sex-education-rse-and-health-education>

'Be Inspired'

At Weston Favell Academy, we believe that RSHE is a vital part of our pupils' education, helping to prepare them for adulthood with the knowledge and confidence to make informed decisions about their lives. If you have any questions or would like to discuss any aspect of the curriculum, please do not hesitate to contact us.

Thank you for your continued support.

Yours sincerely



Mrs R Bowen
Senior Assistant Principal

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