



WESTON FAVELL ACADEMY

PSHE Policy

Reviewed	June 2026
SLT responsible for PSHE	Mrs R Bowen rbowen@westonfavellacademy.org
Next Review:	May 2027
Approved by:	Mr T Marston, Executive Principal

1. Policy Statement

Personal, Social, Health and Economic (PSHE) education is a vital part of Weston Favell Academy's wider curriculum. It plays a key role in preparing pupils for life beyond the classroom by promoting their personal development, wellbeing and ability to engage with the world around them. PSHE supports pupils to become healthy, independent, and responsible members of society. It underpins our commitment to the holistic development of all pupils.

2. Intent

Our PSHE curriculum is designed to:

- Equip pupils with the knowledge, skills and attributes to make informed decisions about their lives
- Promote spiritual, moral, social and cultural (SMSC) development
- Foster resilience, self-worth and emotional wellbeing
- Support academic achievement and preparation for adult life
- Reflect the diverse needs and lived experiences of our school community
- Complement and reinforce the statutory Relationships, Sex and Health Education (RSHE) curriculum

At Weston Favell Academy, PSHE is inclusive, evidence-based and pupil-centred. All lessons are planned to be relevant, age-appropriate and responsive to our local context, including the social, cultural and safeguarding challenges our pupils may face.

3. Curriculum Design

We follow the Key Stage 3 and Key Stage 4 curriculum model recommended by the PSHE Association. The curriculum is organised into two core themes which spiral and deepen over time:

- Statutory RSHE (Relationships, Sex and Health Education)
- Economic Wellbeing and Careers

Each theme is revisited regularly with increased complexity and depth to meet pupils' developmental needs. Curriculum planning is mapped across the academic year and sequenced to build on prior knowledge, address misconceptions, and respond to pupil voice and local intelligence.

Our curriculum ensures coverage of all *statutory* content outlined in the Relationships Education, Relationships and Sex Education (RSE) and Health Education Guidance (DfE 2020).

4. Implementation

PSHE is delivered through:

- Discrete fortnightly PSHE lessons
- Form time activities and assemblies
- Enrichment events
- External speakers and workshops
- Cross-curricular links with Science, Computing, RE and English

All resources are carefully selected, quality assured and adapted to reflect the specific needs of our pupils. Lessons are planned with the intent to be inclusive and accessible for all, with differentiation in place to support SEND learners. Group agreements are established in lessons to create a safe and respectful environment.

Teachers use a range of active learning strategies including discussion, debate, role-play, reflection and scenario-based learning. Lessons are underpinned by clear learning objectives, safeguarding guidance, and opportunities for pupils to revisit key knowledge.

5. Impact

The impact of our PSHE curriculum is assessed through:

- Pupil voice and feedback
- Lesson observations and learning walks
- Work scrutiny and self-reflection tasks
- Behaviour and safeguarding data
- Form tutor and pastoral team feedback
- External visitor evaluation

Our goal is for pupils to demonstrate increased confidence, empathy, critical thinking and the ability to manage real-life situations. We aim for PSHE to have a tangible impact on their daily lives and long-term outcomes.

6. Inclusion and Safeguarding

PSHE at Weston Favell Academy is inclusive of all pupils, including those with special educational needs and/or disabilities. Lessons are adapted and personalised as required, and teachers are trained to deliver content in a developmentally appropriate and sensitive manner.

Where disclosures or safeguarding concerns arise, these will be managed in line with our Safeguarding and Child Protection Policy. Teachers are supported to know how to respond appropriately and refer to the designated safeguarding team.

7. Parental Engagement

We believe parents are key partners in delivering effective PSHE. We provide information on the curriculum via:

- The school website
- Parent information evenings
- Letters and newsletters
- Access to lesson content on request

Parents have the statutory right to withdraw their child from non-statutory elements of sex education, as detailed in our RSHE Policy.

8. Monitoring and Review

The PSHE and RSHE curriculum is overseen by Mrs Rebecca Bowen, Senior Assistant Principal and reviewed annually. Quality assurance includes lesson observations, curriculum review and pupil feedback.

This policy is reviewed each academic year or sooner if guidance changes.

Secondary PSHE education | Long-term overview

Statutory RSHE

Statutory RSHE

Economic Wellbeing & Careers

Economic Wellbeing & Careers

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Year 7	Emotional wellbeing: managing change and transition	Friendship and bullying	Families and changing relationships	Puberty and keeping safe	Influences on relationships	Financial decisions
Year 8	Health and wellbeing	Personal safety and managing risk	Belonging and community	The online world	Healthy and unhealthy relationships	Managing money
Year 9	Mental health and wellbeing	Careers and future choices	Drug education	Managing risk in relation to the law	Intimate sexual relationships	Navigating online harms
Year 10	Independence, health choices and wellbeing	Navigating the online world	Friendship, diversity and challenging extremism	Managing influence	Exploring consent and recognising abuse	Study, work and careers
Year 11	Life-long wellbeing	Drugs and personal safety	Safe relationships and sexual health	Families, fertility and pregnancy	Online financial harms	