Weston Favell Academy

RSHE Parent Consultation
Wednesday 30th September, 2026
Rebecca Bowen – Senior Assistant Principal

WFA – "Excellence in everything we do!"

Raising Standards - Transforming Lives

Purpose of the Consultation Meeting

- View curriculum and resources
- Understand RSHE delivery across year groups
- Ask questions
- Understand curriculum sequencing
- Explore how learning supports personal development

Why We Use the PSHE Association Curriculum Model

Our curriculum is mapped against the PSHE Association Programme of Study and follows a spiral curriculum model. Learning is revisited and built upon throughout secondary education.

- Relationships Education
- Sex Education
- Health Education
- Economic Wellbeing
- Careers Education

Themes Raised Through Consultation

- Where consent is taught
- Relationship between PSHE and RSHE
- Online safety and digital relationships
- Unhealthy relationships
- Curriculum sequencing

Consent Across All Year Groups

Year 7-8: Respect, personal boundaries and communication

Year 9: Healthy relationships and recognising pressure

Year 10: Consent, coercion and decision-making

Year 11: Consent within wider adult relationship contexts

How PSHE, RSHE & Safeguarding Work Together

PSHE provides the broader personal development curriculum. RSHE forms a key part of this, focusing on relationships, health and sex education.

The safeguarding team at WFA inform PSHE/RHSE planning and provision.

What Does RSHE Look Like At Our Academy?

Tutor-led PSHE

- Relationships
- Consent
- Online safety
- Mental health

External Specialist Provision

- Reproduction and sexual health
- Contraception
- Expert-led discussion
- Age-appropriate specialist content

RSHE & Personal Development Across the Curriculum

ASSEMBLIES & TUTOR TIME

- Healthy relationships
- Respect & inclusion
- Online safety
- Mental health
- Safeguarding themes

EXTERNAL VISITORS

- Tom Talks
- Alison Cope
- Police Liaison Officers
- Specialist RSHE provider

CURRICULUM SUBJECTS

Science - puberty, reproduction
English - relationships & empathy
Maths - financial literacy
Computing - online safety & AI
RE - family, ethics & diversity
PE - wellbeing & healthy lifestyles

Key Message: RSHE is delivered through PSHE lessons, assemblies, tutor activities, external speakers and subject teaching. This whole-school approach ensures key themes are revisited in a range of real-life contexts throughout a pupil's education.

Online Safety Across the Curriculum

Y7: Online influences

Y8: Image sharing and harassment

Y9: Misogyny, blackmail and digital harms

Y10: AI, deepfakes and online relationships

Y11: Exploitation and coercive relationships

RSHE Progression: External Sessions

Why topics are taught when they are:

Year 7: Relationships and Reproduction

Year 8: Becoming a Parent

Year 9: Contraception

Year 10: STIs and Healthy Sexual Choices

Year 11: Consent and Healthy Relationships

Statutory Requirements and Parent Rights

- Relationships and Health Education are statutory.
- Parents cannot withdraw from Relationships or Health Education.
- Parents may request withdrawal from specific Sex Education elements outside the science curriculum.
- Requests are considered in line with DfE guidance.

Questions and Discussion

Thank you for attending.
Please explore the curriculum resources and ask any questions.